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Salado

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Thursday, July 31, 2008

254/947-5321 fax 254/947-9479

www.saladovillagevoice.com

Salado Art Fair this weekend

Salado's 42nd annual art fair is set for Aug. 2-3 at Pace Park. More than 100 artists of mixed media as well as fine crafts people will have their wares for sale under the huge shade trees along the meandering Salado Creek.

The Art Fair is open 8 a.m.-5 p.m. Aug. 2 and 8-4 p.m. Aug. 3.

Art lovers strolling through the grounds will enjoy the musical entertainment of Richard Paul Thomas and the Blue River Band at the park pavilion both afternoons.

Richard Paul Thomas, Salado resident, singer, songwriter and guitarist has been performing for over 40 years and in addition to his original material, RpT plays a variety of familiar and unique songs to entertain his audiences. He encourages everyone to join in and get involved. The Blue River Band, also from Salado, consists of Richard Dillard, Beth Correa and Ken Hendricks. Refreshments will be available throughout the fair with barbeque, hot dogs, lemonade, sodas and water. Admission is \$5 for adults with children 12 and

Texas Original artisans working in a wide variety of media including clay, glass, fiber, wood, metal, stone, and more will be exhibiting along with Art Fair favorites.

Texas State Artists will be honored at the inaugural "Best of the Best" Texas Fine Art Sale & Reception 6-9 p.m. Aug. 2 at Celebration Center. This one-evening event offers art enthusiasts a unique opportunity to meet and mingle with some of their favorite Texas artists and poet laureates. Tickets are available for purchase at the Chamber office.

Local artist B. Herd has been selected for the Art Fair Poster this year. His rendition of Salado Creek looking north from the one lane bridge heading into Mill Creek is artfully reproduced on fine art paper. The posters will be for sale at the Art Fair, at the Best of the Best Show and the Visitors Center at the Civic Center. They will also be able to be purchased at B. Herd Gallery and Gregory's. The cost for the poster



History, legend and memories are brought to the stage in the epic musical-drama, Salado Legends, written by Salado playwright Jackie Mills. One of the original songs, "Be Careful What You Wish For," weaves the legends of the Tonkawa Indians, the dreams of the Spanish explorers and the hopes of the Scottish settlers into a panoramic tale. Salado Legends is the only outdoor musical-drama in Texas chosen by the Library of Congress to serve as a record of life in America at the end of the 19th century. The final 2008 performance of Salado Legends is 8:15 p.m. Aug. 2 at Tablerock Festival of Salado's Goodnight Amphitheater on Royal St. Dinner reservations for the 7:15 p.m. catered meal are required: \$8 for adult or child. Adult show tickets are \$17. Child (4-12) show tickets are \$5. For more information or dinner reservations, call 254-947-9205.

Wiggins named lone finalist

Salado I.S.D Board of Trustees named William (Billy) Wiggins as the lone finalist for the vacant superintendent's position, following a 30-minute executive session July 25.

The district is now in the midst of a 21-day waiting period after naming Wiggins as the lone finalist before the board of trustees can formally offer him the contract.

Wiggins hold B.S. and M.Ed. degrees and has 30 years of public education experience with 13 years as a secondary classroom teacher and coach, seven years of secondary administrative experience, and 10 years of central office experience with eight as Superintendent of See Wiggins, Page 7A

Wiggins is currently superintendent of Port Aransas School District, where he has served since July 2003. Port Aransas ISD is a Academically Recognized school district, according to Texas Education Agency ratings.

In the five years he has been at the Port Aransas, the district has seen an under-performing elementary school become an exemplary-rated school by

In addition, the Middle School is currently rated as Exemplary and the High School is currently rated as Recognized. District is rated as Recognized.

New student registration slated Aug. 4 at SIS

New students to Salado at the time of registration: I.S.D. (Pre-K through 12th grade will be enrolled 8 a.m.-noon and 4-8 p.m Aug. 4 at Salado Intermediate School, 550 Thomas

New students will need the following documents Birth Certificate, Social Security card, Immunization record, Proof of residency, Driver license of person enrolling the student and a Report card/TAKS results from previous school for

Best of Best' Fine Art Sale, Reception Aug. 2

Salado's inaugural "Best of the Best" Texas Fine Art Sale and Reception is history in the making during this year's 42nd Annual Art Fair weekend.

lector, this is one evening you don't want to miss. The show organizers have brought together an unprecedented level of art from top Texas artists that have rarely, if ever, exhibited together. A special highlight of the show is artists from the Texas Commission on the Arts, Texas State Art-

ists program. Every two vears, Texas Legislature honors talented Texans for their years of excellence and dedicated commitment to the arts by designating If you are an art col- them as Texas State Artists. This one-evening event offers art enthusiasts a unique opportunity to meet and mingle with some of their favorite Texas artists.

Featured artists include: Dalhart Windberg, Roy Lee Ward, George Boutwell, Lee Herring, Larry Prellop, Kathy Vargas, Ralph White, Chuck DeHaan,

Bascomb Herd, Jay Hester, Eric Harrison, Travis Keese, Bill Scheidt, Ronnie Wells, Raul Gutierrez, Barry Shadrock and Charles Allen. Poet Laureates include: Larry Thomas and Alan Birkelbach.

The evening music will be performed by the 2008 Texas State Artist of the Year, Shelly King.

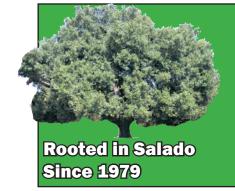
Food will be catered by Stagecoach Inn. The menu will include: Carving station with prime rib of beef and turkey breast on mini French Rolls, crisp spring rolls with sesame sauce

and tangy mustard sauces, broiled French cut lamb chops with mint sauce, fresh fruit and cheese trays, assorted crudités and miscellaneous cold finger hors d'oeuvres.

Included in the ticket price are raffle items valued at \$2700 which include a bronze sculpture and an original oil painting. Tickets are \$50 and available through the Salado Chamber of Commerce. For reservations call 254-947-5040 or email saladochamber@vvm.com.



Texas artists such as Chuck DeHaan, whose "Stage to Deadwood" is shown above, will be showing at The Best of the Best Texas Fine Art Sale and Reception on Aug. 2. DeHaan is represented in Salado by Miller Fine Art Gallery.



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Melodrama Annual continues run at Silver Spur **Story on 1B**

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An Open Exchange of Ideas



GOP must win Sam's Club voters

White working-class voters typically aren't in vogue, with the political chatter tending to revolve around "soccer moms," the "youth vote" or other boutique demographic groups of the moment. But the late charge of Hillary Clinton's doomed presidential campaign made white working-class voters surprisingly fashionable.

They'll stay that way if the important new book "Grand New Party," by two young writers for The Atlantic, Ross Douthat and Reihan Salam, has the impact on the political debate that it should. In an incisive analysis, Douthat and Salam puncture self-comforting delusions of both the right and the left, and persuasively advocate a reorientation of the GOP to address working-class concerns.

They define working-class voters "Sam's Club" voters, in the phrase they borrow from Minnesota Gov. Tim Pawlenty -- as that half of the electorate that lacks a college education. Neither party has been able to build a durable majority, Douthat and Salam write, because of "the refusal of America's working class to pick a side and stick with it."

Their economic forebears were a pillar of FDR's New Deal coalition -- understandably, in Douthat and Salam's telling, since the best of New Deal policies helped graduate them into the middle class by rewarding work and aiding economic aspiration (with Social Security benefits, the home-mortgage deduction, etc.). They came unmoored from the Democratic Party when LBJ's Great Society "cost them money and seemed to undermine their values into the bargain."

these voters back. One is that today's working class could be pulled straight out of a John Steinbeck novel. In reality, according to Douthat and Salam, a Sam's Club voter is "far more likely to be working in education or health care, office



administration or business services than on a farm or an assembly line."

The second is that the basket of cultural issues with which the GOP has often been able to win these voters is a mere distraction. Actually, these voters have a keen self-interest in arresting social breakdown: "Safe streets, successful marriages, cultural solidarity, and vibrant religious and civic institutions make working-class Americans more likely to be wealthy, healthy, and upwardly mobile."

If they aren't the stuff of social realism, working-class anxieties are real. Douthat and Salam's worst case is a "steady degradation of everyday working-class life under the pressures of rising illegitimacy, insecurity, and stratification."

Douthat and Salam want Republicans to work to forestall this future. They float an activist program geared to buttressing families and addressing working-class discontents: a \$5,000-per-child tax credit; subsidies for parents providing their own child care; expanded transportation infrastructure to ease the suburban commute;

Their proposals have been dismissed as "Clintonian triangulation from the right." But back in 1992, Bill Clinton's political achievement was considerable. The Democrats have labored under He broke with the stale pieties of his own twin misapprehensions in seeking to woo party, and -- with new emphases and a few well-aimed policies -- renovated its image. Republicans await a figure who will pick up the challenge of Grand New Party.

> Rich Lowry is editor of the National Review. (c) 2008 by King Features Synd., Inc.

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Public advocacy agency targeted; **Huge debts hit Credit Card giants**

If you are dissatisfied with the way Texas sets its car, home, business, and other insurance rates - i.e. allowing the State Department of Insurance to accept insurance company increases without undo furor or complaint - what do you do? More importantly, what can you do?

Most of us are unaware that there is an Office of Public Insurance Counsel, set up (originally) to: (a) Represent Texas consumers before the State Insurance Commissioner; (B) Challenge insurance behemoths who file "questionable" rate hikes, which would otherwise go into effect without in-depth verification of facts-figures and/or public hearings.

The OPIC was once under the so called "umbrella" of the State Department of Insurance. That's "code" for saying it was controlled by the Insurance Commissioner. This advocacy group was pulled out of the Insurance agency by Ann Richards when she became Governor in 1991, thereby fulfilling a campaign promise.

The enabling legislation that established OPIC as an independent office requires the new division: "To insure that Texas consumers are treated fairly in the insurance market." According to "Texas Watch," which is part of a coalition of State consumer groups, that goal had been achieved, until 2003 when OPIC's "watchdog" fangs were pulled by lawmakers at the insistence of the insurance lobby.

OPIC SAVED CONSUMERS "MILLIONS"

Prior to 2003, OPIC was able to provide effective "public" hearings on rate increases, thanks to its "freedom" from domination by the Insurance Department and its Commissioner. As a result, rates were lowered that saved Texas consumers hundreds of millions of dollars annually, during its eleven years of autonomous operation.

The Public Counsel Office is currently under review by the Sunset Commission that "purportedly" takes an objective look at each state agency and department (every 12 years) and recommends they be continued, discontinued or modified. Preliminary findings (according to insiders) is that the "Sunsetters" will recommend (to lawmakers next year) that OPIC be returned to the Insurance Department - reporting once again directly to the Insurance Commissioner.

IS INSURANCE **DEPARTMENT A "TOADY?"**

Most observers of the state's insuroversees it through the rate setting process, firmly believe that the Texas Department of Insurance (along with most GOP Governors) are willing sycophants of the State's insurers.

This appears to be particularly true during "Old Landslide" Perry's twoplus terms, as he and his appointed Insurance Commissioner have tilted towards protecting the industry, rather than subscribing to the populist notion of citizen primacy.

AUTO RATES CLIMBING - A COINCIDENCE?

It may be purely coincidental that at the same time the Sunset Commission is thinking about abrogating OPIC's advocacy authority, the nation's largest insurance carriers have increased automobile rates for the second quarter in a row.

The Wall Street Journal in its July 19 weekend edition noted that Texans will be facing an additional 4.3 perOff the Record by Ken Clapp



cent increase, the third highest among the 50 States.

At this point in time, no-thanks to the 78th Legislature, the "weakened" OPIC can no longer "demand" (and automatically receive) special hearings on rates as it once did. And if OPIC is "sunsetted" there will be no "viable" public voice in the insurance rate setting procedure - which of course is exactly what the insurance industry and their lobbyists have rigorously sought (and paid for).

TEXAS CONSUMERS AT MERCY OF INSURERS

As things stand today - auto, homeowner, and business insurance rate increases are requested by insurers and once filed with the Insurance Commissioner, those numbers remain unchanged, unless the Commissioner (personally) agrees to a public (complaint) hearing.

That means (in effect) that under 2003 legislation and subsequent (revised) rulings by the Insurance Department, new rates will rarely be contested and Texas consumers will once again stand alone against one of the state's most powerful industries.

Which is like being one of those chickens in the henhouse that's well guarded by the insurance foxes. * * * *

CREDIT CARD DEBT "HOME TO ROOST"

It should come as no surprise that our credit card giants are having problems with customers who can't pay their minimum payments each month (including the outrageously high interest penalties). Nor will these deficits produce much (if any) pity for these high-rolling credit purveyors, who are having to absorb billions of dollars of debt, after first inundating us with millions of notices (mail and phone) urging one-and-all to sign up for the plastic substitute for money.

"No credit? No problem; In debt? No problem; No job? No Problem." And so went the litany that lulled "everyone," from the student to the impoverished, into low interest rates (for starters) and low minimum monthly payments on large pur-

Oops - we left out the last part of that "No Problem" farce: "No payment this month? Big Problem!!!"

As noted, we've yet to find anyone willing to toss a crying towel to these greedy solicitors who "bewitched, bothance industry, and the agency that ered and belied" us with false promises of the easy life via a plastic passport. Too bad no one alerted foolish consumers to this "usurious tomfoolery" that appear to be conjured up by humbugging escapees from Alice's "Wonderland."

ANOTHER BAILOUT?

These bank and private credit card companies are reaping what they sowed through spurious promotional practices. Now they must pay for their greed and marketing lunacy, and of course that means another passenger will be flagging down a ride on the federal bailout train. And, don't forgot - the "bailers" are you, me and the rest of the weary taxpay-

TICKETS TO "DEBTVILLE"

There's one small, but happy result of the credit card fiasco, namely that the avalanche of letters, from these sly hucksters and their "tickets to debtville," has slowed to a trickle, as have the phony phone calls.

That's -30-

Salado ISD School Supply Lists

PRE - KINDERGARTEN

- 2 BOXES CRAYOLA BRAND CRAYONS (REGULAR SIZE)
- 1 BOX CLASSIC COLORS CRAYOLA BRAND WASHABLE MARKERS
- 1 BOTTLE OF GLUE
- 2 GLUE STICKS
- 1 PLASTIC SCHOOL BOX (CIGAR BOX SIZE)
- ${f 1}$ pair blunt scissors w/plastic handle ${f \&}$ metal cutters
- 1 BACKPACK (LARGE ENOUGH FOR 9 x 12 PAPERS)
- 1 PACK SMALL CUPS
- GIRLS BRING ONE PACK OF PAPER PLATES (ANY SIZE)
- BOYS BRING ONE PACK OF ZIPPY BAGS (ANY SIZE)

KINDERGARTEN

- 2 PKGS #2 PLAIN YELLOW PENCILS
- 1 FISKAR STEEL BLADE SCISSORS
- 2 BOTTLES (80Z) ELMER'S GLUE WHITE ONLY
- 4 BOXES 16 COUNT CRAYOLA CRAYONS
- 2 PINK PEARL ERASERS
- 2 BOXES CRAYOLA CLASSIC COLORS 10 COLORED MARKERS
 - (WITH PINK AND GRAY)
- 1 SET CRAYOLA WATER COLORS
- 1 PKG. 8 x 10 COLORED CONSTRUCTION PAPER
- $1\ \mbox{pkg.}\ 12\ \mbox{x}\ 18\ \mbox{colored construction paper}$
 - (LOOSE NOT IN TABLET)
- 1 WIDE-RULED SPIRAL NOTEBOOK (70 PAGE)
- 1 school box (4x8)
- 1 BACKPACK (NO ROLLER BACKPACKS)
- 1 PLASTIC QUAD-FOLD MAT RED AND BLUE
 - (NO LARGER THAN 18 x 45)
- 1 BOX FACIAL TISSUE 1 BOX ZIPLOC BAGGIES
- *One of the following items paper plates, cotton balls, wax paper. Stickers. Glitter or shaving cream
- No pillows, blankets or sleeping bags
 - *WE WILL BE DOING SEVERAL PROJECTS DURING THE SCHOOL YEAR.

GRADE 1

- **12 #2** PENCILS
- 1 BOX COLORED PENCILS
- 1 PKG. PINK PEARL ERASER
- 1 BOX COLORED MARKERS
- 4 BOXES 24 CT. CRAYONS
- 1 SET OF WATER COLORS*
- 1 PAIR SCISSORS*
- 1 MULTIPACK GLUE STICKS
- 1 PLASTIC SCHOOL BOX*
- 2 SPIRAL NOTEBOOKS (70 PAGE)*
- 1 BOX ZIPLOC BAGS (BOYS QT. SIZE, GIRLS SNACK SIZE)

LAST NAME STARTS WITH:

(A-M) Baby wipes (N-Z) Snack size Ziploc bags Label only those items with the asterisk with your child's name.

GRADE 2

- 4 PKGS. #2 PENCILS (YELLOW)
- 4 BOXES 24 CT. CRAYONS
- 1 HIGHLIGHTER
- 2 LARGE PINK ERASERS
- 1 PAIR FISKAR SCISSORS
- 1 8oz. Elmer's glue (white only)
- 1 PKG. DIVIDERS
- 1 1" BINDER
- 4 FOLDERS W/POCKETS (GREEN, BLUE, RED, YELLOW)
- 5 spiral notebooks (70 pg. wide-ruled)
- 1 school box (9x6)
- 2 BOXES FACIAL TISSUE
- 1 ROLL OF PAPER TOWELS
- $1 \; \text{pkg. Lysol wipes} \\$
- 1 PKG. PAPER PLATES
- $1 \; \text{pkg.} \; 9 \; \text{x} \; 12 \; \text{manila paper}$
- $\boldsymbol{1}$ set of water colors
- 1 PKG. FUN STICKERS
- ${f 1}$ PKG. TRACING PAPER
- 1 BOX ZIPLOC BAGS (BOYS -GALLON, GIRLS-SANDWICH)

4TH GRADE

- 1 Trapper Keeper or binder
- 1 PKG. DIVIDERS WITH POCKETS
- 4 PKGS. 12 CT. #2 PENCILS
- 4 FOLDERS W/POCKETS & BRADS
 (BLUE, ORANGE, GREEN, PURPLE)
- 6 YELLOW HIGHLIGHTERS
- 2 40z. Elmer's glue
- 1 PAIR FISKAR SCISSORS
- 1 BOX 24 CT. CRAYONS
- 2 PKGS. MAP COLORS
- 1 PKG. MARKERS (WATER-BASED) THIN TIPPED
- 2 BOXES FACIAL TISSUE
- 2 PKGS. WIDE RULED NOTEBOOK PAPER
- 1 PENCIL BAG
- **5** RED INK PENS
- 1 PKG. PENCIL TOP ERASERS
- 1 WOODEN RULER (METRIC & STANDARD)
- 1 BOX ZIPLOC BAGS
 - (BOYS GALLON SIZE, GIRLS SANDWICH SIZE)
- 2 COMPOSITION NOTEBOOKS
- 4 SPIRAL NOTEBOOKS (WIDE RULED)

5тн GRADE

- GLUE STICKS (MULTI PACK)
- 1 HIGHLIGHTER
- 1 PENCIL BAG
- 1 PACKAGE OF RED PENS
- 1 Box of colored pencils
- 2 PACKAGES OF PENCILS (MECHANICAL IS FINE)
- 1 Box of Pencil Eraser Tops
- 1 Pair scissors
- 2 Boxes of Kleenex
- 2 PACKAGES OF NOTEBOOK PAPER (WIDE-RULED)
- 5 PLASTIC FOLDERS WITH POCKETS AND BRADS
 (PURPLE, RED, BLUE, GREEN AND YELLOW)
- 2 Spiral notebooks (purple, blue)
- 1 Composition notebook (100 sheet wide-ruled)

6тн GRADE

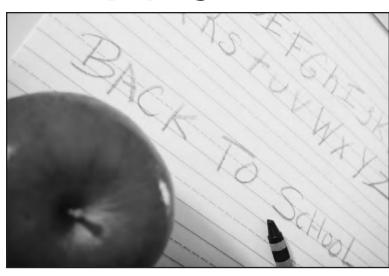
- 12 #2 PENCILS
- 2 BOXES OF COLORED PENCILS
- 1 BOX THIN-TIPPED MARKERS
- 1 PKG. COLORED BALLPOINT PENS (BLACK OR BLUE)
- 1 PKG. RED BALLPOINT PENS
- 1 PINK PEARL ERASER
- 1 PAIR SCISSORS
 1 PENCIL BAG
- 1 MULTI PACK GLUE STICKS
- 1 LARGE BOX FACIAL TISSUE
- 1 PKG. 3x5 INDEX CARDS (WHITE)
- 1 PKG. 4x6 INDEX CARDS (WHITE)
- 2 PKGS. NOTEBOOK PAPER (NO COLLEGE RULED)
 2 SPIRAL NOTEBOOKS (120 PAGE WIDE-RULED)
- 1 COMPOSITION NOTEBOOK (WIDE-RULED)
- 1 PKG. 12x18 CONSTRUCTION PAPER

7th and 8th GRADE

- PENCIL BAG
- PACKAGE OF RED PENS
- PACKAGE OF BLACK OR BLUE PENS
- **P**ENCILS
- Map colors
- MARKERS
- HIGHLIGHTERS (VARIOUS COLORS)
- 2 x 3 post it notes
- 1 BOX OF FACIAL TISSUE NOTEBOOK PAPER
- JE \$3.00 Set of Saxon
- 4 SPIRAL NOTEBOOKS
 - IOTEBOOKS MATH WORKSHEETS

 TO BE PURCHASED

 THROUGH MATH TEACHER
- 1 COMPOSITION BOOK 1 - 1" BINDER
- 1 SET OF DIVIDERS
- 2 FOLDERS W/POCKETS & BRADS



New Student Registration August 4 8:00 am to Noon

PK through 12 at SIS Campus

4:00 PM TO 8:00 PM

Bring: Birth Certificate, Social Security Card, Immunization Record, Proof of Residency and either a report card or TAKS test results from previous school. Photo ID of person registering student is required.

Returning students do not have to register before school starts.

Immunization Clinic

AUGUST 4 SIS CAMPUS 8:00 AM TO NOON & 4:00 PM TO 8:00 PM BACK TO SCHOOL HAIRCUTS WILL ALSO BE AVAILABLE

School Starts August 25

Dates for meet the teacher-stash your stuff night and schedule pick-up for each campus will be announced at a later date.

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SALADO JUNIOR HIGH

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SALADO HIGH SCHOOL GRADE 9 - GRADE 12



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Worried about inflation? Invest for growth, rising income

Just a few years ago, economists were talking about the possible re-emergence of an economic phenomenon not seen in many decades: deflation, or declining prices of goods and services. Recently, however, inflation has risen from extremely low levels, driven largely by increased energy and grocery prices. As a consumer, you might fight the effects of inflation by driving less or by cutting back on certain types of food. But as an investor, what can you do to help keep your financial assets from losing purchasing

Your first step is to be aware of how inflation affects different types of investments. For example, if you've tried to be a "risk-averse" investor, you might have built a portfolio that's heavy with bonds and certificates of deposit (CDs) — yet these same types of fixed-rate investments are actually the ones that are most

power?

Financial Focus

by Allen Mantanona



susceptible to inflation. On the other hand, stocks, over the long term, have significantly outpaced inflation. In fact, over the past 80 years, stocks have shown an average return of more than 10 percent, compared to an average inflation rate of about three percent, according to Ibbotson Associates, a financial services research firm.

Of course, as you've no doubt heard, "past performance is no guarantee of future results." In any given year, the inflation rate could be higher than the stock market's return, and, in fact, you could lose some or your entire principal by investing in stocks.

Nonetheless, if you want your overall portfolio to stay ahead of inflation, you almost certainly will need some exposure

to the growth potential found in stocks. You may be able to lower your risk level by buying quality stocks, holding them for the long term and including them in a portfolio that also contains bonds, U.S. Treasury securities and other investments.

In creating an investment strategy to fight inflation, you'll also need to factor in your stage of life. During your working years, you probably count on your salary, more than your investment portfolio, to help meet your living expenses. So as long as your wages keep pace with inflation, you may be able to focus your investment efforts on accumulating the assets you'll need to enjoy a comfortable retirement lifestyle. But when you actually reach retirement, you'll almost certainly need to draw on your portfolio as

a major source of income — which means you'll need to pay a lot of attention to inflation. Consider this: If inflation rises three percent a year, then everything you buy today could cost twice as much in 24 years. And since you could easily spend two or three decades in retirement, you can see just how much inflation could threaten your standard of living.

Consequently, during your retirement years, you'll need to invest for rising income. You may be able to get some of this income through dividend-paying stocks; some of these companies have actually increased their dividend every year for 20 or 25 years. (Keep in mind, though, that dividends can be increased, decreased or eliminated at any time without notice.) You also may want to consider certain types of inflationadjusted Treasury bonds.

You can't control inflation. But you can help tame its effects — by investing for growth and rising income.

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The art of the deal

Buying and Selling

By Ryan Hodge

Whether you are the buyer or the seller, negotiation skills are crucial to a successful real estate transaction. You'll find that a real estate agent provides the experience, tools, and skills necessary to "strike a deal" with the other party, other agents, and other professionals who are all involved in such a transaction.

Every negotiation should follow a step-by-step formula, beginning with preparation and ending with a proposal that has been accepted by all. It's best to spend most of your time on the "preparation" phase, since this will greatly reduce the time and stress involved in the "bargaining" phase down the road.

The proposal, or Offer to Purchase, is produced when the buyers have done their "prep work" and the sellers can now begin bargaining if they choose.

This is where it's very important for both sides to have a clear understanding of all the aspects involved, and you'll want to be sure to have the experience and training of a real estate professional to promote your best interests.

Bargaining or negotiating is all about gains and concessions, and the more educated you are about both sides of the transaction, the better your chances are to reach a nice, smooth, mutually acceptable conclusion.

While all the decisions are ultimately yours, doesn't it make sense to have a real estate professional on your side?

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It takes a Village and this Village needs you

By Debibe Aldridge SALADO ISD TRUSTEE

Have you heard the joke about moving to Salado? You move here one week, and the next week they make you President of the Chamber of Commerce! That was told a few years ago at the Chamber Follies; so if you're new to Salado, let me explain the punch line. This is a town known for volunteerism. Newcomers get involved quickly here. Don't take the joke literally. Well.... maybe just a little literally. In fact the purpose of this article is to recruit volunteers for a new project created by Salado ISD this year called Salado Mentors. Our goal is to link caring adults who will spend time listening, encouraging and sharing their life experiences with a young student who may lack adequate support networks Mentors do not take the place of teachers or parents; but planned mentoring programs are one strategy being used nationwide to help troubled children.

In a room full of people, if the question were asked "Did you ever have a Mentor?" bet you, the answer would be 100 percent in the affirmative. Maybe your Mentor wasn't school/academic related, but at some point, you needed a little extra encouragement or instruction. Maybe help came from a relative, co-worker, neighbor, or boss who took you under their wing and helped you through a tough time. Mentors teach us the written and unwritten rules of life, how to problem solve, and their very presence in our lives said "You are not alone in this world".

I didn't need a mentor in my school years as a student, but as a rookie teacher, over- whelmed and unprepared for the reality

of a classroom, I certainly did! There is no way I'd have survived those first vears without the practical and emotional support of seasoned colleagues. They literally sustained me when I was discouraged, frustrated, and ready to give up. Later in my career, I was a Mentor to student teachers passing on that gift of sup-

Who was your Mentor and at what time of your These networks of support can be created

for us or by us and they are very necessary for our mental and physical health. Angela Kennedy, assistant professor at the school of Social Work at Michigan State University, extensively interviewed ten young women who grew up in Chicago's ghettos. All of them had witnessed violence, some had been its victims, all were teenage mothers and none had good family support. Yet four of the young women managed to go to school,

get jobs and escape the cvcle of poverty. One thing they had in common was an ability to connect with someone outside the circle of trouble.

Consider the following words of some famous people about mentoring: "A mentor is someone who allows you to see the hope inside yourself. A mentor is someone who allows you to know that no matter how dark the night, in the morning joy will come. A mentor is someone who allows you to see comes hidden to your own the higher part of yourself **Continued on Page 6A**

when sometimes it be-



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Takes a Village ——— From page 5A

important and I don't think anybody makes it in the world without some form of mentorship." Oprah Winfrey-TV personality

"Giving back, or being part of a community, and sensing your obligation or sensing the weave of community is not only a good and decent thing, it's been the goal of western civilization for 5,000 years. It shouldn't be thought of as something extraordinary. It should be thought of as business as usual" Richard Dreyfuss, Academy Award winning actor.

"I'm surprised in our society, which is so much about instant gratification that more people haven't discovered that mentoring is where to find that. Because when you look at the excitement in a young person's eyes about a thought just imparted or a passion just passed on, when you're

view. I think mentors are brimming with enthusiasm for a topic, and you get a young convert, you know, game over. Victory. Lesson learned." Brian Williams (anchor of NBC nightly

We especially need men to volunteer at this time. It's not too late to be included in the list of caring Salado citizens who've volunteered for Salado Mentors. I promise we won't make you President of the Board of Direc-Well.....maybe

Please come to a Mentor coffee, 9 a.m. Aug. 12 at the Methodist Church. Bring a friend or neighbor. Write Salado ISD, P.O. Box 98, 76571, or call 947-6900 Salado Administration Office for more information and an application.

Be part of a network of individuals dedicated to making our community strong by nurturing the children. It takes a Village!

Native American presentation travels via Museum trunk to area schools

The Bell County Museum has created a new traveling trunk focusing on Native Americans of Central Texas. The trunk, made possible by funds from the City Federation of Women's Clubs and the Four Winds Intertribal Society, Inc., is available at no charge to area schools, churches and civic groups.

Visions of the Past: Native Americans of Texas combines objects. CDs. a PowerPoint presentation, books and much more to promote knowledge and understanding of the rich cultures of Texas' original residents. Objects include atlatls, or throwing sticks, a bison hide, projectile points, sage and sweet grass, and a modern war bonnet. Also included is a

sheet outlining the connections of the trunk to the Social Studies TEKS alignment. The manual includes activities, games, suggested speakers, and local stories of Native American activity.

Kristen Reichert, program coordinator for the museum and the creator of the trunk, said, "Teachers, scout leaders and others engaged in education will find that the trunk is very interactive and that it directly relates to history, geography, government, citizenship and science subjects that meet the TEKS objectives."

For more information about the traveling trunk, please call the museum at 933-5243.

Allergy, Asthma, and Immunology Clinic of Georgetown Announces the addition of Manda L. Waldrep, M.D.



A Graduate of a fellowship in Allergy and Immunology at the University of Alabama, Birmingham, Dr. Waldrep was born and raised in Texas. She earned her medical degree from Texas A&M University, College Station and Scott & White Memorial Hospital, Temple.

She completed a residency in Internal Medicine and Pediatrics at the University of Alabama, Birmingham, and is certified by both the American Board of Internal Medicine and the American Board of Pediatrics.

Dr. Waldrep welcomes children and adults

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Wiggins

Currently, Port Aransas I.S.D. is a Recognized District consisting of 575 students, 103 employees with 53 teachers, and four administrators.

While at Port Aransas, Wiggins worked in collaboration with all district stakeholders to complete a successful bond election that passed with 88 percent approval by voters.

Prior to that, Wiggins was superintendent of the Simms ISD for three years. Simms ISD was rated as Exemplary by TEA during his tenure there.

He also moved the district from a negative fund balance to approximately \$500,000 in fund balance.

He also oversaw a successful \$4 million dollar bond election for facilities, which was the first successful bond election in the history of the Simms district

Wiggins was high school principal in Hardin-Jefferson from 1994 to 1998 and assistant superintendent of Hardin-Jefferson from 1998 to 2000.

He was the High School Principal in Lumberton Independent School District, 1991-1994, a 4A District.

Other positions in education include these: Pearland Independent School District, July 1990 to June 1991 Teacher and Coach (5A District); LaPorte Independent School District, LaPorte, Texas July 1983 to June 1990 Teacher and Coach (5A District) and Sante Fe Independent School District, Sante Fe, Texas July 1978 to June

1983 Teacher and Coach (4A District).

He holds a Masters of Education in Educational Administration/Mid-Management from Texas Southern University, Houston, Texas, a B.S. in Physical Education/Health/Recreation from Lamar University, Beaumont, Texas General Studies .

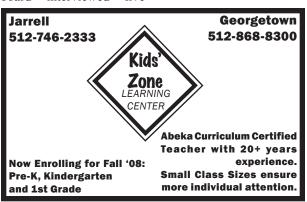
Salado ISD had 36 applicants for the superintendent's position and the board interviewed five

candidates on July 18-19. Three of those were interviewed a second time on July 21.

FROM PAGE 1A

According to the timeline developed by the research firm for the school district, the new superintendent may be on the ground in October.

Wiggins has a multiyear contract with Port Aransas I.S.D. The details of the contract with Salado ISD have not been made ublic.



Back-to-school vouchers available to Salado kids

Salado Family Relief Back to School Clothing Vouchers will be available 8 a.m.-noon and 4-8 p.m. Aug. 4 at Salado Intermediate school.

These vouchers are for children that are enrolled in Salado ISD that are also using the lone star card, enrolled on medicaid or CHIPS or SSI. They are redeemable at the Temple Walmart.

Salado Family Relief welcomes all donations to PO BOX 461, Salado, TX 76571.

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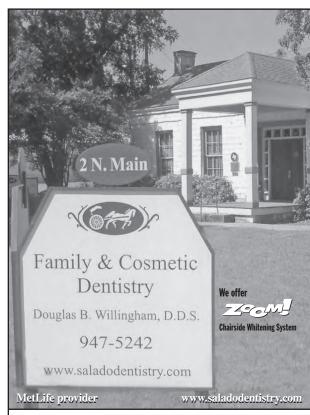


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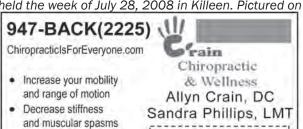
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Muddogs win District, headed to state

The Salado 'Muddogs' Sr. Midget baseball team took first place in the District Tournament in Holland. Their next games will be at the TTAB State Tournament held the week of July 28, 2008 in Killeen. Pictured on bottom row: Tim White, Co-



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Back row: Dacen Depoy, Brady Alexander, Tyler Armstrong, Justin Hitt, Ty Sebesta and Judd Bates. Coaches: Stacey Sebesta, Robert Kyburz and Matt Dunnahoo. Their record was 12-0 League

rey Weirman, Peyton Ky-

Dunnahoo, Brent Patton

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Salado Scrappers win District

Salado Scrappers, boys machine pitch, won the Texas Teenage District Tournament held in Florence the week of July 14. The team went undefeated in the tournament and in regular season play. They play in the State Tournament in Belton this week. Players front row left to right: Harrison Hill, Mac Miller, Quade Brown, Ryan Oakes, Drew Dobbins, Cade DePoy, and Lane Renfro; Middle: Tris Sebesta, Zach Adams, Tannor Fischer, Kade Maedgen, and Ryan Kyburz Coaches: Scott Oakes, Stacey Sebesta, Keith Fischer, and Mark DePoy. Not pictured: Aaron Wilkerson, Brett Elliot, and Nathan Cahoon

Salado Youth Soccer Association will hold a Fall soccer season for children Ages 4-7 in Salado if the Association can get volunteers to assist in running the program.

For children 8 and older, SYSA highly encourage getting a Salado team together and playing in the Temple league. Currently, Salado has four teams playing in Temple (two

U14 boys teams, an U12 boys team and and U12 girls team).

The last day to sign up for the Centex Soccer is 10 a.m.-2 p.m. Aug. 2 at the JC Penney Court in the Temple Mall.

For parents with players returning to either Bragg (U12 girls), Wilkerson (U14 boys) or Lemus(U14 boys) teams, you can simply fill out the form and

turn it into your respective coach. Please try to call your coach asap to inform them your child will be playing so uniforms can be

For parents of children ages 7 and below, please contact Earl Bragg at ebragg@saladoisd.org if you can assist in helping organize and run the SYSA league.



The Salado 'Crush' softball team played in the TTAS State Tournament held the week of July 21 in Holland. The girls finished the season with a record of 15-6. Pictured on bottom row: Jenna Calder. Kate Kyburz, Faithlynn Van Dyke, Amanda Stevenson, Madison Livers and Haley Howton. Middle/back row: Kelsey Marquis, Lindy Martin, Jessica Ringstaff, Hali Fischer, Grace Brunner, Kayla Manning and Danielle McDaniel. Not shown: Natalie Cleveland Coaches: Doug Calder, Randall Fischer, Keith Martin and Kem Kyburz.



Salado Lynx runners-up at State

The Salado Lynx, a 10 and under league softball team, earned State Runners-up honors in the Texas Teenage Softball (TTAS) State Tournament held in White House, Texas, losing to the tourney host White House Heartbreakers in the championship game. The 20 team double elimination tournament was held in White House the week of July 21.

The Lynx started the tournament off with two victories July 21, beating the Lindale Wildcats 12-0 and the Rusk Extreme 9-3. A 7-3 victory over a tough Bullard team July 22 to set up the July 23 game with the Chapel Hill Hurricanes, one of the four remaining unbeaten teams at the time. What everyone thought would be another close game turned into a 16-0 Lynx rout over the overmatched Hurricanes.

After the July 23 victory, the Lynx and the Whitehouse Heartbreakers were the only two undefeated teams left and would face each other on July 24. The Heartbreakers jumped out to a quick 4-0 lead in the first inning on a towering shot to centerfield that almost cleared the fence. This clearly rattled the Lynx as they were never able to get anything going offensively, resulting in their first loss of the tourney, 10-2.

The Lvnx loss meant they would have to win a 5 p.m. loser's bracket game on July 25 and then come back and beat White House at 7 p.m. and 9 p.m. if they wanted to capture the State championship. The Lynx faced the Bullard team again at 5 p.m. The Lynx scored a run in the top half of the inning after Cece Cantu got a single, stole second, advanced to third on a passed ball and scored on a ground out by Kristen Oakes. Bullard tied it up in the bottom half of the first after the lead off hitter walked and stole second, advanced to third and scored on a single. Bul-



Front row, left to right: Courtney Evans, Madeline Murray, Megan Hill, Cece Cantu, Tori Laughland, Amy Coleman. Middle Row: Maddie Suhling, Payton Drietz, Jenna Wagnon, Mallory Schattle, Rachel Evans, Kristen Oakes. Back Row: Coaches Gib Cantu, Gary Wagnon, Pam Oakes.

lard was looking for more in the inning with runners on second and third and no outs when their cleanup hitter hit a fly ball deep to center field but the Lynx's Meagan Hill made a fantastic catch for the first out and then threw the ball to Cantu, who tried to tag out the runner at second

who did not tag up. The runner at second was safe but the runner from third tried to advance home and was thrown out by Cantu's throw to catcher Rachel Evans for the second out. Lynx pitcher Jenna Wagnon struck out the next batter to end Bullard's threat.

The Lynx's defensive mo-

mentum carried over to their offensive side in the top of the second. Mallory Schattle started the inning off with a double and scored on Hill's single after Evan's strikeout, making it 2-1. Payton Drietz, Maddie Suhling and Tori Laughland followed with See Lynx, Page 11A

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Village of Salado June Police Report

VI	nage of Salado Jane	i once report
Date	Incident	Location
6/1	Burglary Alarm	500 Block N. Main Street
6/1	Burglary Alarm	500 Block N. Main Street
6/1	Burglary Alarm	400 Block N. Main Street
6/1	Burglary Alarm	14000 Block S. IH 35
6/2	Criminal Mischief	Indian Trail
6/2	Illegal Dumping	Indian Trail
6/2	Loose Livestock	IH-35 @ 286 Southbound
6/2	Medical Call	Church Street
6/2	Civil Disturbance	Park Dr
6/3	Civil Disturbance	N. Stagecoach Rd.
6/3	Suspicious Vehicle	N. Stagecoach Rd.
6/3	Noise Ordinance Violation	Old Mill Rd
6/3	Animal Disturbance	N. Stagecoach Rd.
6/3	Assist Another Agency Accident	IH-35 @ 280 Nortbound
6/4	Assist Another Agency Criminal Mischief	O.W. Lowery
6/4	Assist Another Agency Disabled Vehicle	IH-35 Southbound
6/4	Animal Disturbance Snake in Garage	Santa Clara
6/4	911 Hangup	F.M. 2268
6/4	Accident	400 Block N. Main Street
6/4	Suspicious Vehicle	West Village Rd.
6/5	911 Open Line	401 S. Stagecoach Rd. 50 S. Main Street
6/5 6/5	Robbery Alarm Civil Disturbance	
6/5	Burglary Alarm	Salado Creek Place Indian Trail
6/5	Medical Call	Salado Plaza Dr.
6/5	Burglary Alarm	S. Main Street
6/5	Welfare Concern	Blaylock Dr.
6/5	Escort	Main Street
6/5	Assist Another Agency Domestic Disturbance	Bo's Barn
6/6	Disabled Vehicle	Thomas Arnold and Robertson
6/6	Found Animal	Santa Clara
6/6	Assist Another Agency Accident Injuries	IH-35 @ 280 Nortbound
6/6	Assist Another Agency Accident	IH-35 @ 284 Northbound
6/6	Animal Call	100 Block Royal Street
6/6	Grass Fire	IH-35 @ 281 Southbound
6/6	911 Hangup	Indian Trail
6/6	911 Hangup	Quail Hollow
6/7	911 Hangup	Rose Way
6/7	Welfare Concern	Chisholm Trail
6/7	Civil Disturbance	College Hill
6/7	Welfare Concern	Chisholm Trail
6/7	Assist Another Agency Accident W/ Injuries	F.M. 2484 and Brewer
6/8	Animal Disturbance	Mill Creek Dr.
6/8	Burglary Alarm	Chisholm Trail
6/8	Medical Call	Van Bibber
6/8	Assist Another Agency Loose Livestock	Royal and Blackberry
6/8 6/9	Suspicious Vehicle	N. Stagecoach Rd. Indian Trail
6/9	Burglary Alarm 911 Misdial	Rock Creek
6/9	Criminal Mischief	Old Mill Rd
6/9	Burglary Alarm	Indian Trail
6/9	Accident	S. Stagecoach Rd.
6/9	Medical Call	Van Bibber
6/9	Assist Another Agency Disabled Vehicle	IH-35 @ 282 Southbound
6/9	Domestic Disturbance	IH-35 @ 283 Northbound
	Burglary Alarm	800 Block N. Main Street
	Madical Call	Van Dibbar

SEE POLICE REPORT, PAGE 12A

6/11 Medical Call

6/11 Civil Disturbance

Gunshots being Fired

Animal Disturbance

6/10 Medical Call

6/10 Assist Agency Animal Dist. Rattlesnake

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Salado Eagles football offensive and defensive linemen competed at the State Lineman's Challenge competition and won the 2A state championship. The competition took place on Saturday, July 12th. Competitors on the team were Chase Stuckey, Tyler Coker, Patrick Prince, Heath Bracken, Caleb Little, Brandon Heller, and Caleb Hayslip. They competed against Lexington, McGregor, Caddo Mills, and Jacksboro in the 2A division. Salado won the competition with 154 points, Caddo Mills was second place with 151 points, while McGregor was a distant third place with 115 points. Events were the Truck push, Sandbag load, Tractor tire flip, Weighted sled drag, Hand-over-hand weighted sled pull, Medicine ball throw, Farmer's walk, and Bench press.

Offensive MVP for her

Lynx

walks, resulting in a 3-1 lead. Then, Cantu drove in Hill with a grounder to second base, with Suhling being forced out at second base for the second out of the inning. Oakes' triple scored Laughland and Cantu to make it 6-1. Wagnon's single scored Oakes for a convincing 7-1 Lynx lead. The Lynx added another run in the fourth and a final run in the sixth. Wagnon got rolling on the mound, striking out 4, and was aided by stellar Cantu's stellar defense at short and Suhling's stellar defense at second base. Hill came in the finish the sixth inning for a 9-3 vic-

The win over Bullard set up a rematch with the Heartbreakers. The Lynx would have to take 2 from the tourney hosts if they wanted to be state champions. Buoyed by the earlier victory, the Lynx jumped out to a 1-0 lead in the top of the first. Whitehouse tied it up in the bottom of the first. The Lynx were not able to do anything on offense in the second and third innings. Hill and the Lynx defense were able to hold White House scoreless in the second inning. However, the 100 degree heat from the 5 pm game, coupled with the long week of staying in a hotel and playing every night, finally caught up with the Lynx in the third inning as the top of the Heartbreakers lineup got them started with a bunt, followed by a hit batsman and two singles to make it 4-1. An error and 5 walks allowed the Heartbreakers to go up 9-1, too large of a deficit for a tired Lynx team to overcome. The Heartbreakers stretched the lead to 11-1 in the fourth to come away with the victory.

Wagnon earned

great week at the plate, going 13-22. Wagnon and Hill were masterful on the mound, combining for 2 shutouts and giving up only 6 runs in the first 4 games they pitched. Amy Coleman, Courtney Evans and Madeline Murray rounded out the team. The speedy Coleman contributed to the Lynx team effort as a pinch runner for the pitcher and catcher. Evans got an RBI on a ground out against the Hurricanes in Wednesday

night's game and Murray

got on with a walk against

the Hurricanes.

Although the Lynx did not accomplish the ultimate goal of winning the State championship, they have nothing to be ashamed of. They won their league with a 12-0 record. They won their district tournament with a 5-1 record and finished with a 5-2 record at state, with both loses coming to the state champions.

The Lynx compete in the TTAS league, which is similar to Little League or Pony League. The season starts in April with league games. Salado competed with 6 other area teams from Holland, Jarrell, Florence, Academy and Bartlett which made up the Balcones Fault league. There are over 100 leagues in the State of Texas that compete in TTAS, with each league having at least 4 teams. The first and second place teams from league play qualify for one of the 9 district tournaments held in various locations in Texas. The Lynx, along with 13 other teams, competed in District 8 tournament held in Troy the week of July 7. Their first place finish in the district tournament qualified them for the State tournament. The girls placed second at State out

of around 400 teams.

FROM Page 9A



(Next to the new Library)



Summer Camp 2008



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July 28 - Aug 1 Aug 4 - Aug 8 Aug 11 - Aug 15

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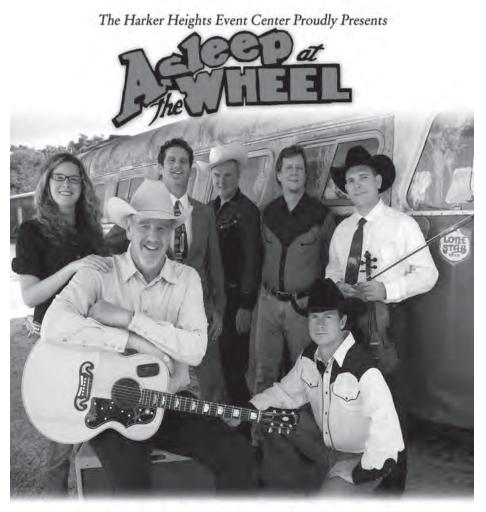




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Police Report

6/11 Civil Disturbance 6/11 Domestic Disturbance 6/11 Civil Disturbance

6/11 911 Hangup 6/11 Suspicious Vehicle

Assist Another Agency Loose Livestock

6/11 Harrassment Suspicious Person Suspicious Vehicle

6/12 Assist Another Agency Accident

Suspicious Vehicle

Burglary Alarm 6/13 Suspicious Vehicle Suspicious Vehicle

6/14 Burglary Alarm 6/14 Burglary Habitation

Suspicious Vehicle Medical Call 6/14 Criminal Mischief

6/14 Domestic Disturbance

Assist Another Agency Traffic Hazzard

6/14 Welfare Concern 6/15 Suspicious Vehicle

6/15 Accident With Injuries 6/15 911 Misdial

6/16 Suspicious Vehicle 6/16 Medical Call 6/16 Medical Call

6/16 Medical Call

6/16 Assist Another Agency Disabled Vehicle

6/16 Suspicious Vehicle 6/16 Suspicious Vehicle 6/16 Reckless Driving

6/17 Assist Another Agency Disabled Vehicle

Assist Another Agency Disabled Vehicle

Burglary Alarm 6/17 Domestic Disturbance 6/17 Medical Call

6/18 Disabled Vehicle 6/18 Forgery

6/18 Medical Call Assist Agency Violent Dom. Disturbance

6/18 Civil Disturbance Animal Disturbance

Domestic Disturbance 6/19 Medical Call

Domestic Disturbance 6/19 Criminal Mischief 6/20 6/20 911 Open Line

6/20 Medical Call 6/20 Disabled Vehicle

Domestic Disturbance Medical Call

Medical Call 6/21Burglary Alarm Civil Disturbance

Suspicious Persons Solicitors

Medical Call Domestic Disturbance Burglary Alarm

Disabled Vehicle

Animal Disturbance 6/22 Civil Disturbance

6/22 Assist Another Agency Burglary Alarm

6/22 Suspicious Persons 6/23 Suspicious Persons

6/23 Assist Another Agency Accident W/ Injuries

Medical Call 6/23 Burglary Alarm 6/23 Burglary Alarm 6/23 Accident 6/23 Burglary Alarm

6/24 Assist Another Agency Medical Alarm

6/24 Suspicious Vehicle 6/24 Medical Call 6/25 Disabled Vehicle 6/25 Animal Bite 6/25 Burglary Alarm 6/25 Welfare Concern 6/25 Welfare Concern

6/26 Animal Disturbance 6/26 Animal Disturbance

6/26 Theft

6/26 Suspicious Vehicle Criminal Mischief Robbery Alarm Medical Call

6/28 Civil Disturbance 6/28 Accident 6/28 Medical Call

6/28 Civil Disturbance 6/28 Suicidal Subject 6/29 Domestic Disturbance 6/30 Animal Disturbance

6/30 Civil Disturbance 6/30 Robbery Alarm

6/30 Suicidal Subject 6/28 Assist Another Agency Accident 300 Block S. Main Street

S. Stagecoach Rd. S. Main Street Salado Oaks Dr.

Robertson and Thomas Arnold

E. Amity and IH-35 S. Stagecoach Rd. Club Circle Stagecoach Rd. IH-35 @ 279 100 Block Royal Street

Indian Trail 100 Block Royal Street

Thomas Arnold Indian Trail Indian Trail 900 Block N. Main Van Bibber Mill Creek Dr. IH-35 @ 283 Southbound IH-35 @ 279 Northbound

S. Stagecoach Rd.

900 Block N. Main Chapparal @ Stillhouse Lake Rd.

Arrowhead Van Bibber N. Main Street Van Bibber F.M. 2268

IH-35 @ 285 Southbound N. Main Street @ Pace Park 00 Block of N. Main Street 800 Block N. Main Street IH-35 @ 282 Northbound IH-35 @ 287 Northbound 400 Block N. Main Street

Walker Circle Van Bibber

Church Street @ Thomas Arnold

200 Block Mill Creek Dr.

Chisholm Trail Prairie Lane N. Stagecoach Rd. N. Robertson Rd. Bluff Circle Salado Springs Rd. Mill Creek Dr. Center Circle

200 Block S. Main Street

Creek Run Cir.

Thomas Arnold @ Robertson Thomas Arnold @ Stagecoach

Indian Trail

400 Block S. Stagecoach

Indian Trail College Hill Santa Clara 600 Block N. Main St.

Van Bibber 700 Block Royal Street S. Stagecoach Rd. S. Main Street

1200 Block Robertson Rd.

Mission Trail

1900 Block Stagecoach Rd. N. Stagecoach Rd.

IH-35 @ 284 Northbound College Hill

Rock Creek

200 Block N. Main Street Stagecoach @ Thomas Arnold

300 Block N. Main St. Stinnett Mill Rd. 700 Block N. Main St. Santa Maria S. Stagecoach Rd. N. Robertson Rd. Royal Street

Salado Plaza Dr. Van Bibber San Pedro Chisholm Trail Santa Rosa S. Stagecoach Rd. Chisholm Trail Van Bibber

800 Block N. Main Street 500 Block N. Main S. Stagecoach Rd. Van Bibber S. Stagecoach Rd. Rose Way S. Robertson Rd. Salado Oaks Dr. S. Stagecoach Rd. N. Main Street

Van Bibber F.M. 2268

New Exhibits on Display at the CAC

The Cultural Activities Center is showcasing a variety of artists Aug. 15 through Sept. 26. There will be an artists' reception free to the public from 7-9 p.m. Aug. 15, at the CAC. Artists from all over Central Texas will exhibit their art in four galleries at the CAC.

In the Howard Gallery, the annual Central Texas Pastel Society competition and exhibit will be displayed. The Central Texas Pastel Society was organized at the CAC in 1997, founded to promote pastel painting as a fine-art form. The group supports and encourages pastel painting in local educational institutions.

In the Saulsbury Gallery, "Contrast", photographic art, by Keith Talley will be on display. Talley likes simplicity in life as well as in his art, and expresses this in his exhibit. "Remembering simplicity, contrast, and enjoying what God has given us, life can be better than we deserve." says Talley

There will be five talented women exhibiting in the McCreary Gallery "Where the Wild Things Are". Angela Mowrey's work "celebrates the spirit of people whose county is at war and the women who are courageous enough to visit a public park with their kids...because it is safer there." Dixie Rhodes says, "The mixed media approach brings possibilities to create "wild" adventures for almost every aspect of our life." Artist, Jutta Mack is Active in the Killeen Civic Art Guild and has been included in several exhibits at the CAC. Karen Paul-Burges works are about Mermaids. Paul-Burges feels "Mermaids are the caretakers and mother of the sea. They represent extreme spirit and incredible power. They have the ability to seduce and to love, but can ultimately take it away in an instant." The CAC's Marilyn Ritchie will display pots with the same attitude as people in harms

way, who rise above it

The nine-month Olym-

evaluates individual crew

members from coast to

competition

Crew awaits announcement of final 12 teams in SONIC Games employees.

pic-style

coast.

After more than 20 weeks of competition, the Salado SONIC Drive-In crew is one-step closer to winning an all-expensepaid trip to Palmetto and Orlando, Fla., and being named America's Best SONIC Drive-In. Salado Sonic is already in the top 2 percent of all SONIC's in the nation in the Top 48 round, but they're hoping to go all the way to the National Finals.

More than 2,700 driveins kicked off this year's Sonic Games in Jan. and only 48 still have hopes of being named National Champions. Throughout the month of July, the Top 48 drive-ins were quizzed and tested in Dr Pepper SONIC Games' Traveling Knowledge Bowl, a game show-esque competition based on SONIC Drive-In's operations. During each Knowledge Bowl, six crew members were asked 10 questions. If the crew members answered the questions correctly, their team earned points toward advancement to the Final 12 round.

The Traveling Knowledge Bowl was the last round of competition before the Final 12 teams are announced in August. Those 12 teams will receive a trip to Palmetto, Fla., for the Dr Pepper SONIC Games' National Finals, Sept. 15-16. The National Champions will be announced at SONIC's National Convention in Orlando, Fla. in front of SONIC executives and more than 3,000 franchisees, managers and

all. For more information the CAC at 254-773-9926.

about the exhibits, contact

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Bible Classes • 9 a.m. Worship • 10 a.m.
Evening Worship • 6 p.m.
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Wednesday

Bible Classes • 6:30 p.m.

IH-35 at Blacksmith Rd.

947-5241 • www.saladochurchofchrist.org

Church

CPR On-time Anytime program to educate public

Salado Rotary hosted a program July 22 promoting the area wide "CPR On-Time, Anytime" program for the Bell County area. The program, presented by Susan Terry of Salado, is designed to train people to respond to heart attack victims in a timely and appropriate manner. She pointed out that 335,000 people per year die from heart and

vascular emergencies. This is about the same number as Cancer. 94 percent of these deaths occur on the way to a hospital. In fact, for every minute of delay the survival rate decreases between 7 and 10 percent; the brain survives only 6 to 8 minutes. The current response time to emergency victims in Salado is estimated at 6 to 10 minutes.



Joshua and Paige Goodnight are proud to announce their newest addition! Wilburn Gene Goodnight II was born in Victoria Texas on April 23. He was 7 lb. 15 oz. and 20 in. long. Proud Grandparents are Ronnie and Nancy Goodnight of Salado and Dave and Linda Teer

of Salado. Proud siblings are Kristofer, Zayn, Jayden, and Kross.



Salado resident Susan Terry promotes CPR

This illustrates the value of having the general public prepared to respond properly to these emergency situations at the scene.

As an example of the effectiveness of having a trained public it was found that the survival rate doubled in Seattle after they put their aggressive public training program in place. The frequency of occurrence is high because this type emergency goes across age groups; it is not a problem solely of the elderly. Sudden cardiac arrest occurs when electrical conductivity to the heart is lost or any occurrence which can cause abnormal heart rhythm happens.

She presented the priority of action starting first by calling 911, second early CPR, third early defibrillation, and fourth early

ACLS (Advance Cardiac Life Support). A few Defibrillators are located at key facilities in Salado such as the fire department and public schools. Kits containing mannequins for practicing CPR, training manuals and DVDs are now being made available to the public at half price, about \$15, at various locations in Bell County such as Scott and White Hospital. The goal of the program is to train 10 percent of the Salado residents in CPR. Promoters of the program have gotten participation of many local agencies such as Rotary Clubs and other civic organizations. The Salado Rotary Club has joined with the Temple Rotary Clubs in a commitment to support this program with Susan Terry as its liaison.

Central Texas Baylor Chapter sets Picnic and Student Send-Off Party

The Central Texas Baylor Chapter Summer Alumni Picnic and Student Send-off Party is set for 6 p.m. Aug. 5, at the Sammons Community Center, 2220 W. Avenue D in Temple, Texas. Walter Abercrombie, former football great for Baylor, the Pittsburg Steelers and the Philadelphia Eagles, will be the featured speaker. Abercrombie is currently the Associate Athletic Director, "B" Association, for Baylor University.

Tickets are \$12.50 each, with RSVP to Rodney Bell, CTBC President, 254-493-8426, by Aug. 3. Checks may be mailed to Rodney Bell, P.O. Box 680, Salado, TX, 76571.

This annual event is for area Baylor alumni and friends of Baylor and serves as a send off for Central Texas students entering Baylor. Students and their parents are invited and sent invitations by the Baylor Parents League.

Rev. Dale Gore speaks at Monday Club Aug. 4

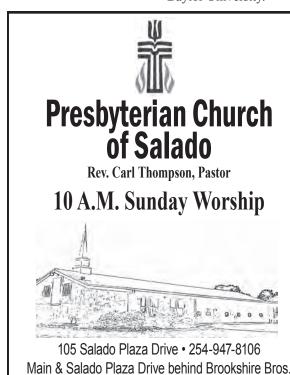
The Monday Club will meet 11 a.m. Aug. 4 . at the Salado United Methodist Church for its Salad Luncheon Meeting. Please bring a salad or dessert to share with others.

Rev. Dale Gore will present the program. All ladies are invited.



Navigating Your Way to Eternity





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and Community

August 9

Blood Drive held at Brookshire Brothers

The American Red Cross is teaming up with 3M and Roush Fenway Racing to launch Red Cross Racing, a campaign to engage NASCAR fans as blood donors and to raise awareness about the ongoing need for blood. Every two seconds, someone in America needs blood and the need is especially great during the summer months.

Race to your local blood drive 3-7 p.m. Aug. 9, at Brookshire Brothers in Salado, to give blood. Call 1-800-GIVE LIFE (1-800-448-3543) to schedule an appointment. Race into the blood drive and receive an American Red Cross gift. Please bring your donor card or photo ID.

The No. 16 Ford Fusion car will feature a full Red Cross paint scheme at the Phoenix race, at the end of the racing season. Driver Greg Biffle, a Red Cross blood donor and member of the Red Cross Celebrity Cabinet, will also wear a Red Cross fire suit at the race. The Red Cross logo will appear on the rear side panel of the No. 16 car in eight other races during the 2008 racing season.

"I'm proud to be an American Red Cross blood donor," said Greg Biffle,

driver of the No. 16 Roush Ford. "I give blood because it's easy to do and helps support our community. I hope NASCAR fans across the country will join me this racing season to help save lives, one drive at a time."

The Red Cross is also launching a new Web site, www.redcrossracing.com, where race fans can sign up and earn points every time they participate in a blood drive. Points are redeemable for Red Cross Racing branded items including caps, t-shirts, leather racing jackets and limited edition die-cast cars. All online participants will also be eligible to win an all-expense-paid trip for two to the Checker Auto Parts 500 at Phoenix International Speedway on Nov. 9. The prize package includes airfare, hotel, and two race tickets.

"We hope NASCAR fans will follow Greg Biffle's lead and support the Red Cross by donating blood," said Rick Strong Manager of Brookshire in Salado and American Red Cross Blood Drive Coordinator. "Red Cross Racing is a great opportunity for fans to become frequent blood donors."



Salado Scout Allen Sirois was presented with the Arrow of Light during a ceremony held July 10 at Henry T. Waskow VFW Post 4008. The Arrow of Light Award is the highest rank in Cub Scouting. Earning this rank prepares a Webelos Scout to become a Boy Scout. He was also presented with the Webelos Super Acheiver Award in recognition of completing all 20 of the Webelos activity pins available. Sirois was honored in February as the Chisholm Trail district Cub Scout of the Year for 2007. He is a fourth grader at Salado Intermediate school. He has served with Pack 115, sponsored by Salado United Methodist Church and Pack 177, sponsored by VFW Post 4008. With completion of his Arrow of Light he has crossed over in to Boy Scout Troop 177.

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Worship Schedule

Sunday School • 9:45 a.m. • Worship • 11 a.m. Worship/Bible Study and Praise Kids Music • 6 p.m. Wednesday

Pot Luck Meal 6:45 pm

Praise & Prayer • Missions for children • Satisfy for youth 7:15 p.m.



Contemporary Worship/Bible Study 9:00a.m. Traditional Worship/Bible Study 10:30 a.m Evening Worship 6:00 p.m. Youth G.A.B. 6:00 p.m.

Youth Celebration

5:30 p.m. 6:00 p.m. 6:00 p.m. 6:15 p.m. 6:15 p.m. 7:30 p.m.

www.fbcsalado.org (254) 947-5465

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Religious Education Classes Pre-K thru 12th 6:30 - 7:40 p.m. Wednesday

Mass

Saturday • 5:30 p.m. Sunday (Spanish) 9:15 a.m. (English) 8 a.m. & 11 a.m. Tuesday • 6 p.m.

Wednesday • Noon Thursday • Noon. Friday • Noon

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behind Fletcher's Book Store N. Main Street

Jennifer Kelly Lenis passes away July 28

Jennifer Kelly Lenis, formerly of Salado, passed away on July 28, 2008.

Jennifer Kelly Lenis was born in Cleveland, Ohio, on March 6, 1979, to Armando Lenis M.D. and Barbara (Winters) Lenis. Jennifer was welcomed in birth by her parents and older brother, Allen. The Lenis family welcomed another baby girl, Michelle, the following year. The Lenis family moved from Ohio to Texas in March of

Jennifer attended school at Holland, Salado ISD, and the Academy Special Education School before proudly graduating from Burnet High School in 2000. Jennifer lived at the Bluebonnet Community Residence Home in Bertram from 1997 until 2001, when she moved to the Marble Falls Bluebonnet Community Residence Home.

Jennifer is survived by her parents, Barbara and Armando Lenis of Salado. her brother, Allen Lenis and wife Ana Lenis of Arlington, VA., her sister, Michelle Lenis of Salado, and

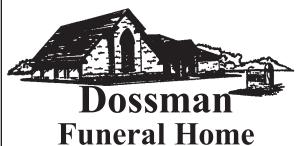
her grandmother, Nelly Lenis of Cali, Colombia. Other close relatives include her uncle and aunt, Dr. Elias and Eleonora Ghandour, and cousin Maia, of Lubbock, Texas, Mona and James Jackson of Dallas and Eduardo Gonzalez of Houston, TX. Relatives in Cali, Colombia, include uncles Andres Lenis, Dr. Richard Lenis, and Dr. William Lenis, aunt Elizabeth Lenis, and cousins Alvaro Jose Lenis. Jennifer is preceded in death by her grandfather,

Alvaro Lenis of Cali, Colombia.

In lieu of flowers, the family asks that donations be sent to Scott and White Hospital in the name of Jennifer Lenis for Pediatric Cancer 1-800-293-4483 Private family services will be held at a later date.

Let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us.

HEBREWS 12:1



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Salado Church of Christ

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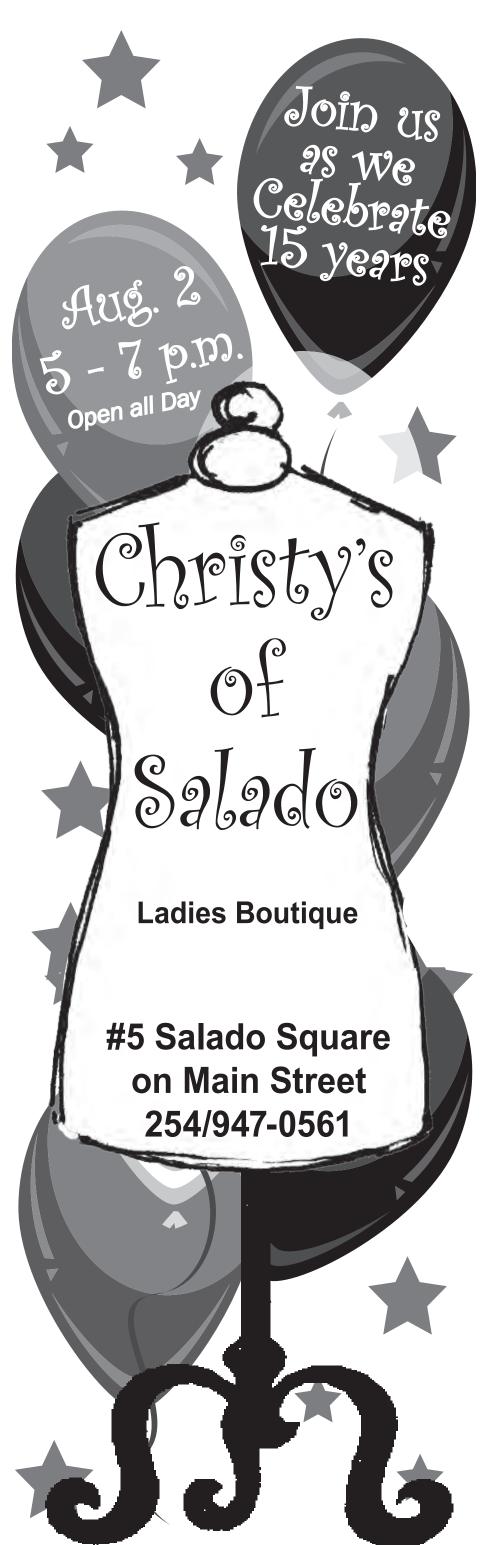
August 6 August 13 August 20 "And Lead Us Not Into Temptation" "But Deliver Us From The Evil One" Randy Daw (Greenville)

Randy Daughery (Belton) "Thine is the Kingdom, Power, Glory" Carson Stephens (Bastrop)

Service begins 6:30 p.m. each Wednesday evening

Share your family and church news with your neighbors E-mail to:

news@saladovillagevoice.com



Page 16A, SALADO Village Voice, July 31, 2008



Vicky Kelly (left) shows off a Polo which sports a bit of Scottish Tartan. Clyde Bullard (right) took home the shirt as the winner of the door prize at the Membership Tea for the Central Texas Area Museum July 26. Kelly and her husband Troy have started producing the shirts for sale and donated one of them to the Museum for use as the door prize.

CTAM holds tea

The Central Texas Area Museum held a membership tea July 26. Membership in the CTAM supports the objectives of the museum which are to tell the history and development of Central Texas and to protect and care for the valuable relics that tell the story of the pioneers of Central Texas.

Memberships are available through the website at www.ctam-salado.org and at the musuem located on Main, just across from the Stagecoach Inn.



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Shopping Map
Pages 4-5B
Calendar of Events
Page 2B

Section B

Salado Village Voice

July 31, 2008

8 Pages

Shopping, Dining, Overnight, Events

SALADO SELLER 254.947.8011 881-B N. Main St. in Salado





Perry's Hatter is Up the Creek"

Melodrama continues this weekend

The Silver Spur Theatre's Fourth Annual Melodrama, "Perry's Hatter is up the Creek" continues its successful run this weekend.

"This is what live theatre is supposed to be all about," he said, "I love it that our village and theatre guests are so involved in this year's show."

House manager and Foley artist Ben Milligan urges the crowd to boo, hiss and otherwise audibly participate in this almost traditional melodrama that plays each week end through Aug. 23.

"I would like to point out that the jeers turned to cheers by the end of the play." added Grainger Esch, owner of Salado's only indoor theatre and heroic star of the show. "I think this show is one of the best Gary's written and our cast has, as usual, taken it to it's maximum level of serious silliness."

he concluded.

Gary Askins, a retired Salado school teacher, pens the annual melodrama, which pokes fun at just about everything and everybody.

The cast is lead by the Kevin C. Carr as the main villain Snidely H. Whiplash who is unwittingly assisted by Billy Bob Mc-Muggle, a singing cowboy that only Tony Blackman could possibly portray.

Miss Goody Goody is a wonder of innocence as she is professionally performed and joyfully interpreted by Rebekah Grayson.

Douglas Mackie, another local acting veteran, brings just the right comedic touch to his role of Deputy Justin Time.

Karen Ewton, a Salado teacher (when she's not on the Spur stage), once again steals several scenes with her shrewd observations and comedy one liners as Miss Katrina Love.



Snidely (Kevin C. Carr) has Miss Goody (Rebekah Grayson) in his clutches as Tex (Grainger Esh) comes to save her.

Melissa Kemp brings her enthusiastic energy into the mix as Ms. Bertha Bovine. Tonkawa Tom, Great Chief of the Lost Tribe, is played by Tom Rolls, another Spuradical Player, with the kind of dignity usually reserved for a Marx Brothers movie. This entire ensemble is ably assisted and complemented by the piano stylings of Nelda Milligan, the Spur's resident musical genius, who not only scores the play but also the locally filmed twenty minute silent movie chase scenes which are sandwiched between the First and Second Acts.

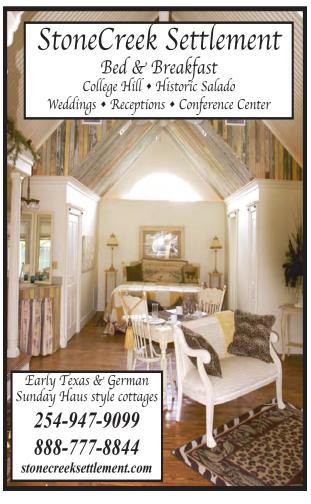
"Perry's Hatter is up the Creek" continues its hilarious satiric look at life and contemporary culture in the Village of Salado, Tex-

as USA through the prism of an almost traditional melodrama.

Come prepared to boo the villain, cheer for the heroes as they attempt to save the damsels in distress and protect the innocent villagers from the clutches of the evildoers (Director's note: guilty villagers will not be protected.)

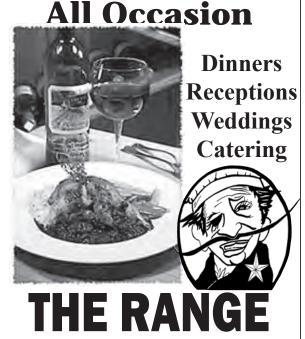
Performances are Fridays 7:30 p.m., Saturdays 2 p.m. and 7:30 p.m. through Aug. 23 at the Salado Silver Spur Theatre, 108 Royal Street. Tickets \$15-\$8. Student, senior, military & group discounts available. Call (254) 947-3456 or visit either saladocinema. org or saladosilverspur. com for more information and/or reservations.











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Calendar of Events

July 4-Aug. 23

Salado Silver Spur Melodrama IV: "Perry's Hatter is Up the Creek." Performances are 7:30 p.m. Friday and Saturday evenings and 2 p.m. Saturday matinees. Come boo the villain and cheer the hero as the Spuradical Players once again bring an original play and silent movie to the stage and screen of the Salado Silver Sput Theater. Special showing on July 4 starts at 5 p.m. Click on www. saladosilverspur.com for more information.

JULY 31

Teen Computer Class at Salado Public Library, 6:30-7:30 p.m. Internet security.

August 2

16th Annual production of Salado Legends - Tablerock Festival of Salado, Inc. Dinner at 7:15 p.m. - \$8 Adult or Child (catered meal is optional, reservations required) Theater at 8:15 p.m. \$17 Adult \$5 Child. Texas' favorite outdoor musical drama with cast & crew of over 150! Where history, legend and memories meet to weave the legends of the Tonkawa Indians, the dreams of Spanish explorers and the hopes of the Scottish settlers into a panoramic tale. Written by Salado playwright/lyricist Jackie Mills and directed by Donnie Williams. Information: 254-947-9205 or www.tablerock.org. E-mail: table rock 1@aol.com.

August 2-3

NOW SHOWING

ON STAGE

Perry's Hatter is

Up the Creek

an original melodrama

Showtimes

Friday

7:30 p.m.

Saturday

2 p.m. & 7:30 p.m.

45th Annual Salado Art Fair, Pace Park.

by Gary Askins

August 4-6

Oil/pastel workshop by Jerry Hunsinger, sponsored by Salado Village Artists. Cost is \$160 for members, \$180 for non-members. Email vhspaint@aol.com for information/reservation.

AUGUST 8-10

Reiki I & II workshop at Salado Healing Center. 401 N. Main St. Contact Bonnie Lowery, 254-535-9649.

August 10

Institute for Humanities at Salado, 4-6 p.m. at the Celebration Center. Dr. Michael Collins will discuss The Gault Site and the Search for the First Americans. Information at 254-947-5729 or write ifh@ vvm.com.

August 11

Salado Stephen Women's Society, Parish Hall at 6:30 p.m. Molly White, executive director of Redeemed Life Ministries will speak.

August 14

Teen Computer Class at Salado Public Library, 6:30-7:30 p.m. Internet etiquette: Myspace Myths and Reali-

August 17

Shy Tree will perform in concert at 7 p.m. at the Salado Silver Spur Theater on Royal St. Josh Brown and his wife Alison are members of the band. For more information, visit www.shytree.com. Ticket availability to be announced.

August 20

Noon Book Review at Salado Public Library.

August 21

Summer Book Talks and Poetry Readings at Salado Public Library, various readers. 7-7:50 p.m.

August 23

Grand Opening and Dedication Ceremony for Salado High School, 10 a.m. 1880 Williams Dr.

August 23

418 N. Main St Suite 4

(254) 947-9100

Salado Athletic Booster **Club Annual Reverse** Raffle. Salado High School. Max Heiner is Chairperson, 254-947-1192.

SEPTEMBER 4-6

Fall Frolic Shop Hop at A Sewing Basket, 560 N. Main St., Call 947-5423.

September 16

Village of Salado Daughters of the Republic of Texas, luncheon meeting, 1:30 p.m. Ambrosia Tea Room on Main Street.

September 18-20

The First Annual Fall Presentation of Tablerock's Repertory Theater of Salado. The Horton Foote Society, under the direction of Dr. Marion Castleberry, will present works of Horton Foote and other Southwest writers. Showtimes at 7:30 p.m. Tickets are \$15. Call 254-947-9205 for informa-

OCTOBER **2-4**

The First Annual Fall Presentation of Tablerock's Repertory Theater of Salado. Showtimes at 7:30 p.m. Tickets are \$15. Call 254-947-9205 for information.

October 7

Saladobration, the annual fund raiser for the Public Arts League of Salado (PALS); 6:30 p.m., Creekside at Inn on the Creek.

OCTOBER 7

National Night Out, fall social for Mill Creek Community Association, Details to be announced.

OCTOBER **10-11**

Christmas in October at Salado Civic Center.

OCTOBER 11

Salado Fine Art Gallery **Night**, 5-9 p.m.

Salado's Chocolate &

OCTOBER **11-12**

Art Festival Expressions of good taste. Chocolate & wine tasting, chocolate demonstrations, sampling and gallery tour. Sunday Chocolate Champagne Brunch. Contact the Salado Tourism Dept. 254-947-8634 or salado tourism@vvm.com

OCTOBER 11-12

A Christmas Carol and Fright Trail auditions. 3 p.m. at Tablerock.

OCTOBER 15

Community prayer breakfast, 7-8:30 a.m., Salado United Methodist Church, Royal Street, Sponsored by Salado Area Republican Women.

October 21

Village of Salado **Daughters of the Republic** of Texas, luncheon meeting, 1:30 p.m. Ambrosia Tea Room on Main Street.

OCTOBER 22-24

Mixed media workshop by VeAnne Stowell, sponsored by Salado Village Artists. Cost is \$160 for members, \$180 for nonmembers. E-mail vhspaint@ aol.com for reservations.

OCTOBER 25

Salado Area Republican Women's Fine China Luncheon. Longhorn Room of Stagecoach Inn. 11 a.m. - 1 p.m. 939-7085.

OCTOBER 25-26

Tablerock's Fright Trail, 7:30-10 p.m. Relive the great horror classics and expect the unexpected along the enchanted trail. Admission is \$5 for adults. \$3 for children (12 and under).

November 3

Salado Historical Society Fall Chili Supper and Membership Drive, 6:30 p.m. Noted Texas vocalist, poet and songwriter Jeff Gore will provide entertain-

November 8-9

Gathering of the Scottish Clans.

DECEMBER 5-7

Salado Historical Society Annual Tour of Homes. Tickets \$14 in advance, \$15 days of tour.

DECEMBER 5-7 & 12-14 Annual Salado Christ-

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A topsy turvy play

Contract Bridge

By Steve Becker

It is sometimes necessary to make an unusual play in order to accomplish a particular purpose.

For example, assume you're in three notrump and West leads a heart. It seems perfectly normal to win East's nine with the queen and lead the jack of diamonds, hoping to find West with the queen. In that case, you'd be sure of making at least 10 tricks. In the actual deal, however, if you led the jack and finessed, you'd soon find yourself down one after East took the queen and returned a heart.

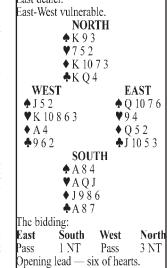
But the fact is that if West has the queen of diamonds, you can make the contract by playing the hand in an entirely different way -- and at the same time almost certainly make the contract if East has the queen.

You have to make a peculiar-looking play to accomplish your purpose, but it is nonetheless a very

sound play. All you have to do is to lead a club to dummy's queen at trick two and return a low dia-

It is true that in the actual deal East can defeat you by putting up the queen of diamonds instead of following low, but how many players do you know who would make that play? East would almost surely play low from the Q-x, Q-x-x or Q-x-x-x of diamonds, and after he did, you would have the contract all wrapped up regardless of how West proceeded.

Of course, it's been drilled into all of us that, with the diamond combination shown in this deal, declarer should always initiate the suit by leading toward the K-10-x-x. But



standard practice should be willingly violated when the appropriate occasion arises, and there is no doubt that this deal is one of those rare times.

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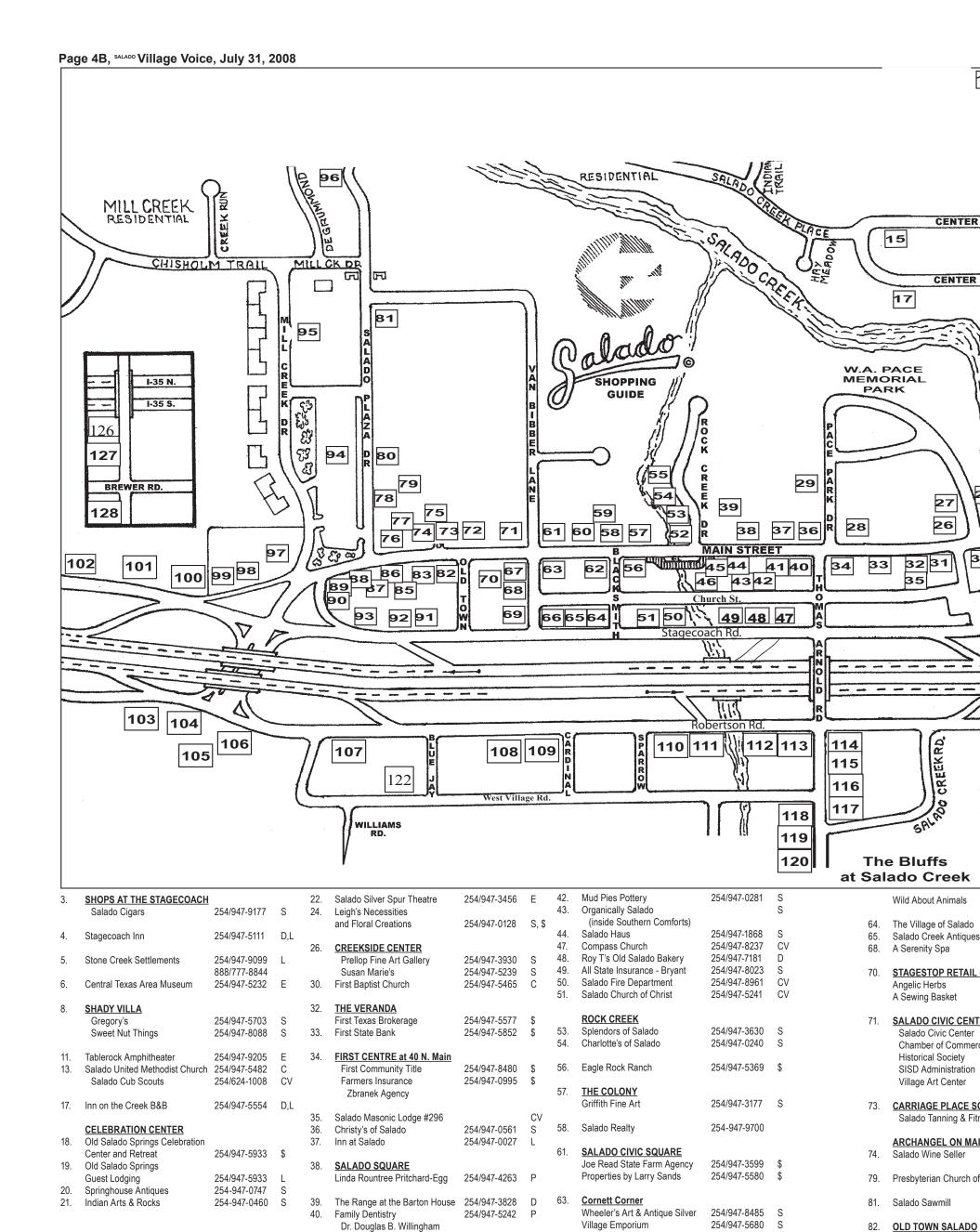
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barbarajoeg@yahoo.com

Running out of time - 2008 election



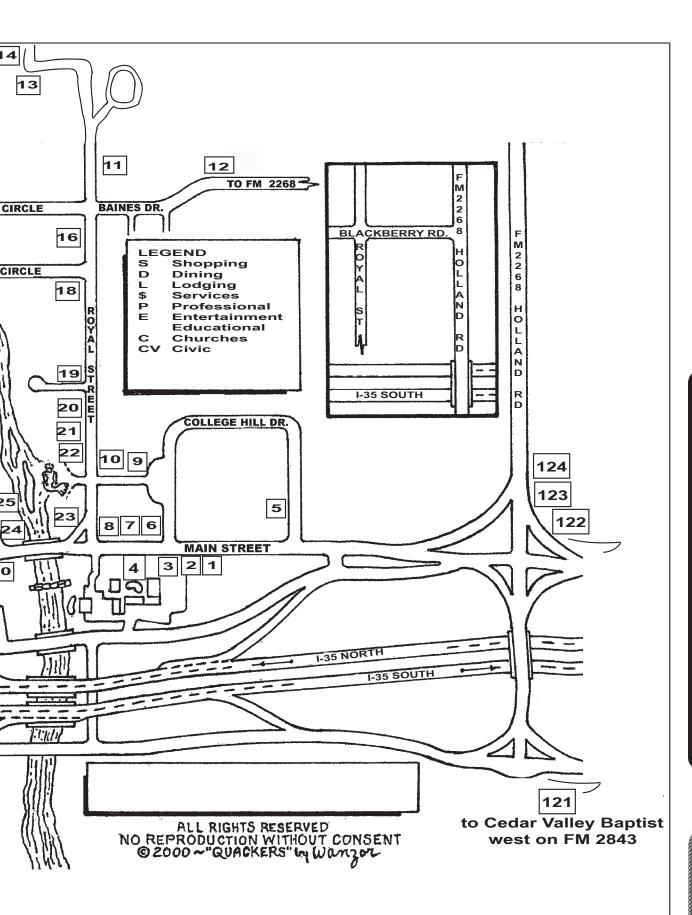
Robertson's Hams

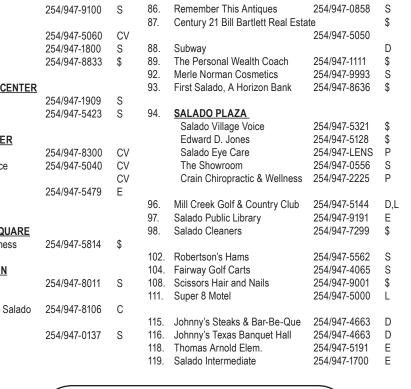
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121.	Cedar Valley Baptist Church	254/947-0148	С	
122.	Broecker Funeral Home	254/947-0066	\$	
124.	St. Stephen Catholic Church	254/947-8037	С	
126. 127.	TranQuil Gardens R.V. Park Grace Baptist Church of Salado	254/947-5192 254/947-5917	L C	
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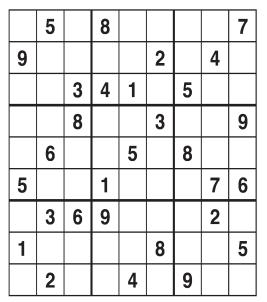
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Weekly SUDOKU

by Linda Thistle



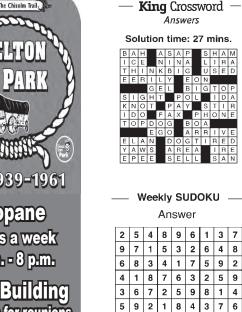
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging *** HOO BOY!

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Blood sugar levels, overall wellness

LIFESTYLE AND WELLNESS

By Kevin McCauley



For weeks now you have read my articles harping on the importance of a proper nutritional program. This week I will answer a handful of questions regarding specific areas of nutrition.

1. I seem to struggle with my blood sugar levels. What are some simple ideas to balance out my energy with proper nutrition?

Take a look at these areas of your nutritional program:

- Meal combinations: Are you consuming meals heavy in carbohydrates compared to the other macronutrients, protein and fats? If so, cut back on your refined and high glycemic carbohydrate (sugars) intake and replace them with more complex and nutritious carbohydrates. Then, make sure at every meal you have a good source of fiber (salad, steamed vegetables), protein and fat. The fiber, protein and fat combination will slow down the breakdown of the carbohydrates into glucose (blood sugar).
- Meal frequency: Are you eating three meals or less a day? If so, add a snack or two so you don't go longer than three to three and a half hours without consuming a small amount of energy.
- · Resistance training-Are you taking part in any type of resistance training exercise program? Most people don't realize this, but resistance training is a great way to fight insulin resistance. The point is simple; make your muscles use up the stored glycogen so the glucose in the blood stream has a place to go. If your muscles are uncirculating in the bloodstream, your adipose (fat) will. This will put you on the fast track toward creating the disease Type II Diabetes (Which once used to be called adult onset, but is now destroying children's health as young as the age of six).
- Caloric Intake-If you focus on meal combinations, meal frequency and the quality of your foods, your caloric intake will take care of itself.
- 2. What is the best way for me to get all of the nutrients I need to have for optimum health?

A. Improve QUALITY of all of your foods. Begin moving to organically raised/grown

foods and away from conventionally-farmed foods. We were created to digest, absorb and assimilate foods in their natural states, so cut back or avoid all altered/manufactured foods. Make sure to improve the variety of foods you are consuming as

- B. If, after improving your quality of food intake, and you still would like to increase your nutrient intake at this point, begin a daily regimen of one of these super-foods: wheat grass, barley grass or a mixture of green vegetable juices.
- C. If you believe it is absolutely necessary, and you still want to add a vitamin/mineral complex to your daily regimen, make sure it comes from a whole food source, and is not synthetic. Supplements, no matter the quality, in NO WAY replace what your body should be receiving from your nutritional regimen. In some ways, the supplement market has played on human weakness, as they understand that people will usually choose the easiest path, which is obviously taking a pill versus spending the time needed to properly fuel their bodies.

A special note on supplements:

The supplement industry is a very poorly regulated industry. The majority of the supplements on the market, unless entitled "pharmaceutical grade," have little to no resemblance to what the label

3. What is your thought on diet sodas versus regular sodas?

If in a crunch, choose sugar over artificial sweetable to absorb the glucose eners. Artificial sweeteners are dangerous because they are unnatural. They will cause chemical and hormonal imbalances that will tear your body down, which in kind will increase your metabolic aging. Artificial sweeteners have also been linked to weight gain as they stimulate your appetite. Your best bet is to always drink filtered water, but if you need a sweetener added to your favorite beverage, try Stevia.

> KEVIN IS A LIFESTYLE AND WELL-NESS COACH/CERTIFIED CLINICAL NUTRITIONIST IN SALADO, TX. HE IS THE OWNER/OPERATOR OF PROGRES-SIVE WELLNESS SERVICES, A TOTAL WELLNESS COMPANY. IF YOU HAVE A QUESTION E-MAIL KEVIN AT YOUBE-WELL@EARTHLINK.NET OR CALL HIM AT

Back yard book sale this weekend

Well folks, it's Art Fair time again and as usual it is on the hottest weekend of the summer. And --we will have our annual book sale in the Back Yard Book

But...our shop is airconditioned so come on down and get your pick of great hardcover books and paperbacks. You won't even be sweating until you carry your bags out to your car! The sale is 9 a.m.-3 p.m. Aug. 2-3. Also, all you parents and grandparents, we are cleaning out our extra stash of VHS movies from the children's library and they will be for sale for 25 cents each. So head on down early to the Book Shop. The early birds get the worms.

As most of you know "B.J." McConnell passed away last January and a statue is being cast in her honor by Ronnie Wells. "B.J." was a co-founder of this library together with her husband, the amazing "Dr. Bob". We also have plans for a native garden at the statue's site on the south lawn of the library. If you would like to help with the planning and/or planting, please let us know! The dedication will be the first week in December. Check here for more information

Check



News & Notes from Salado Public Library

And of course, we have more new books.

New in Fiction:

Art in America by Ron McLarty: It's "One Flew Over a Cuckoo's Nest" meets "A Confederacy of Dunces" in this ribald, riotous story about small town

"Netherland" by Joseph O'Neill: "Netherland" gives a flawlessly drawn picture of a little-known New York post 9-ll with fading promise of 21st century America as seen from an outsider's vantage point.

"Executive Privilege" by Philip Margolin: The U.S. president becomes a murder suspect in this political thriller of nonstop action and suspense.

"Rules of Deception" by Christopher Reich: A sudden death in a blizzard; a world-class mountaineer

and surgeon on the runall this and more in this twisting tale of intrigue and deceit.

"Finding Nouf" by Zoe Farraris: This is a story of the murder of a young Saudi girl from a wealthy family. A female lab technician (traditionally veiled) and a Bedouin-Palestinian desert guide set out to solve this mystery.

New in Non-Fiction:

"The Wishing Year: An Experiment in Desire" by Noelle Oxenhandler: The year she turned 50, Oxenhandler yearned for three things: a house, a man and spiritual healing. This is her memoir of fulfillment.

Wellness: "Ouantum A Practical and Spiritual Guide to Health and Happiness by Kathy Freston and Mehmet Oz: A life changing guide of the principles "quantum wellness: an approach to health for the mind, body, and spirit through small steps.

"Hell Is Upon Us: D-Day in the Pacific-Saipan Guam, June-August 1944" by Victor Brooks: A description of the entire Marianas campaign--World War II's most ambitious service operation and the largest carrier battle in history.

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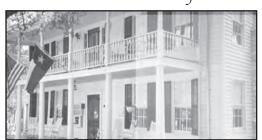


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Fun in the summer time

Summer is the fun season. It's when you relax a little. You continue working, but it's not as serious as it might be during cold weather seasons. It's warm. You think about swimming and ice cream and watermelon. You seek shade and a cool breeze. You drink lemonade from a tall glass with bubbles of condensation on the outside. You think about Hawaii.

This summer has been fabulous for us. We've done all the right things to get the most out of the season. We traveled to the west coast and drove among the tall redwoods. We spent some time in Jefferson, Texas, one of the most unique cities in the state. We rode bicycles in the Davis Mountains. We went to Albany with friends and saw Fandangle, the state's oldest outdoor drama. The calliope concert before the play was amazing. We ate watermelon, went swimming and saw fireworks on July

Travel is one of my fa-

by Tumbleweed Smith

vorite things to do. So is sitting on our deck and having morning coffee while listening to the birds. Our deck overlooks a canyon and we get all sorts of critters that are fun to watch.

We bought some new outdoor furniture in the middle of the season and that has made such a difference. Now we spend more time outdoors, sometimes having all three meals out there. Just being outdoors brings a certain calm to he soul. It makes you appreciate the down time, no matter how short it is.

I've gone barefooted more this summer than I have in years. Maybe it's because we put in a new driveway and it's extremely smooth and easy on the feet. It is casual around here. I put on some kind of slip on shoe when I need to and only wear socks when



I'm taking a long walk or going to some dress up occasion. Not that I spend all of my time at home. I just want to make the most of that time.

The summer attitude kicked in early May, just about the time school is winding down. I was full-time at the University of Texas of the Permian Basin this past school year and was over there three days a week. That cuts into the time I spend writing columns, producing radio programs, creating commercials, doing interviews and making speeches. I was ready for a break.

How do you get the proper attitude to enjoy summer? I think you have to earn it. I'm the type person that thinks the work has to get done before the play starts. I'll work my tail off to get a project finished so I can relax for a day or so. When we travel, I work ahead to make sure everything is done so we can leave with a clear conscience.

Sure it's fun to travel, to sit on a deck with your favorite beverage and look at beautiful scenery. I can do that on a cruise ship, in a foreign city or at home. But to get the most out of it, you have to think you deserve it. I've always said you can work and still have time to relax and see the world. It just takes a little planning and organizing.



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Section C



Valerie, Melanie, Ann, Sue Ellen, Debbie (back) Paul and Bill.

These are just a few of our listings. To view all of our listings and virtual tours, visit www.c21bb.com



1295 West-\$498,700: ern Trail, Salado. Home on 9.10 acres fronting the Willingham Creek in Hidden Springs. 3 bedrooms, 3 full baths, 2 half baths.



\$358,900. 980 Thomas Arnold Rd., Salado. 4 BR home on 2.15 acres close to Salado schools. Open kitchen with updated granite countertops.



209 Carriage House, Salado. Peaceful setting near the heart of Salado, on quiet cul-desac. Upstairs gameroom could be 4th BR.



\$309,700: 1015 Southridge, Salado. built 3 BR, 2.5 BA home sits on Fairway 5, Creek 1. Beautiful view of back yard from living, breakfast & Master BR.



\$229,521: Custom Lakeview Dr., Salado. 3 BR, 2 BA Austin stone with steel roof. Living room with wood burning stove, high ceilings & ceiling fan.



\$203,721: 2013 Chisholm Tr., Salado. Custom built, this zero lot line, garden home overlooks the 3rd Tee of Mill Creek Golf Course. Oversized garage.



\$199,921: 324 O.W. Lowrey, Salado. Great curb #1, Salado. Private patio appeal with this 3 BR, 2 BA with great view of Salado Garden Home. Beautiful Creek. HOA takes care of architectural detail inside the yard, so enjoy your free & out. Convenient to golf lifestyle. 3 BR, 3 BA, plus course.



\$199,900: 825 Park Dr. two office areas.



\$199,021: 277 Rangers Blvd., Salado. 3 BR, 2 BA home in Rangers Promise with two dining areas. Fully landscaped with fenced back yard. Salado schools



\$196,700: 2012 Chisholm Tr., Salado. An adorable doll house. Neat, clean 3 BR, 2 BA with recently updated kitchen & paint. Mother-in-law plan.



downtown Salado, 4 BR, 3 BA with split bedrooms. Three car garage. Heavily treed backyard with small creek.



\$193,721: 1701 Guess Dr., \$182, 521: 2025 Chisholm \$178,721: back door to Mill Creek Golf Course. 3 BR, 2 BA with wood floors throughout living areas. Cherry stained cabinets kitchen.



yard.



812 Blaylock \$144,700: 8948 FM 2484, \$138,721: 1409 Oak Park, Salado. Close to I-35 & Tr., Salado. Walk out your Circle, Salado. Ready to Salado. 4 BR home on 3 Salado. 3 BR, 2 BA home move in. 3 BR, 2 BA home wooded acres in Salado with two living areas or on cul-de-sac in Mill Creek. ISD. Easy access to I-35 game room. Fenced back Fenced back yard. Several or Killeen. Storage build- yard with 8 x 16 workshop, shade trees in front & back ing could be used for work- with easy access to I-35. shop or storage.



Area Land & Ranch listings

• Mill Creek lots: \$24,000 - \$99,000

 Winner's Circle lots: Starting at \$50,000 • Hidden Springs lots: \$35,000 - \$74,900 Creeks of Salado: Estate-sized lots

Heritage: 1.75 acre lot \$59,500

- 7.1 acres on FM 2410 in Harker Heights, commercial. U/C
- 10 or more acres 3 mi. W of Temple airport on Hwy. 36.
- 19 acres on Hwy. 95, Temple.
- 53 acres on I-35 in Belton, all utilities.

- 71.8 acres, near Academy, on Hwy 95.
- 76 acres south of Salado, lovely views.
- 81 acres near Academy, pond, well located.
- 89 acres, large trees, pond. Lovely setting.
- 99 acres & 119 acres adjoining, Edge of Temple.
- 105 acres, excellent location, Salado schools.
- 175 acres, wooded, deer, 15 mi. W. Temple. 215 acres I-35, Salado, many possibilities.
- 550 acres, live creek, home, barns, well priced. U/C

Services

Local handyman with some electrical work, carpentry, plumbing, fixtures, etc. Install chain link and privacy fence. 512-876-3606 7/31-8/21p

VISA

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nance misc. home repairs and electrical work. Bernie Krueger 254-760-7608 0621tfnb

Avon in Salado Contact LaVerne Gore to get a brochure or to place an order 947-0710, 2/807tfnb

Stevens Yard Equipment Repair/Small Gas Engine repairman Pick up and drop off available. 254-947-7249 8/3tfnb

Trees, Shrubs & Landscaping, Pruning, Removal and Hauling. Flower beds, yard work, top soil. Call

Victor Marek toll free 1-888-945-3822 or residence 254-527-3822. tfnb

Mary Kay Products 254-258-4460 or 947-3158. Visit MaryKay.com/AnneMarie-Harwell. 2/14tfnb

Housekeeping

Jane's Home Cleaning and Decorating service. Good price, done right. 512-864-4274 7/24-7/31p

Storage

Self Storage: 10 X 12 units for \$45/month. Rita Oden, Salado Realty, 947-9700.

2/7tfnb

Stow Away Storage Household -Commercial 10X10 - 10x20- 22x40 Clean, lighted, fenced, Key punch entry. 947-5502 or 721-1807 Paul Sanford -Owner

tfnb

Storage space in Salado 8X12, 16X24 and up. Some have drive-in doors. Salado Storage 947-5575 tfnb

<u>Garage, Auction & Estate</u> <u>Sales</u>

Garage Sale 7:30 Aug 2. 1009 Salado Oaks Drive. Auntiques, collectibles, oak tv. stereo cabinet, golf items, crib and mattress, highchair & misc. household.

For Sale

Refrigerator /freezer sideby-side 22 Cu ft Water/ice dispenser Like new \$400 947-5953 7/17-7/31p

For Sale- Antiques, upright piano, glass china and buffett. Call after 6 pm. or on weekends. 947-0532 or 254-718-4058 7/24 - 7/31p

<u>Vehicles</u>

2001 Yamaha Vino Scooter 50CC 1500 miles, basket, windshield, 80-90 mpg \$1100. 254-541-6995 7/31p

Bank Repo 2001 Chevy C1500 156,000 miles. Call David 947-5852 0619tfnb

'87 Ford Ranger 4x4 extended cab. Detachable face plate AM/FM CD.
Engine at 30,000 miles,
Transmission less than 200.
\$3,000 Call David 534-1315,
leave message.
0605tfnb

Pets & Farm Animals

Bassett puppies, AKC 6 weeks old vaccinated. Tricolor, mahogny & white. Mles and Females \$275-\$325 947-3143 or 254-718-1349 0710-0731p

Business Opportunity

Beautiful Salado coffeeshop/cafe Newly remodeled. Great sales growth, very profitable \$115,000. Call Bill Holtzclaw 254-466-6390 for information. 7/03-7/31p

<u>Personals</u>

Employment - Help Wanted

Salado Salon hiring the following - apprentice shampoo tech with training included; licensed nail tech and licensed cosmetologist to work on commission or booth rental. Call 254-947-7282 7/31-8/7p

New restaurant seeks wait staff. Full-time and part-time shifts available. Open Tues-Sat. Apply in person 302 N Main St by appointment only. 254-394-1861 7/24 -7/31b

Susan Marie's Ladies Boutique needs help this Summer. Saturdays only, 10-5:30. Apply at store on Main St. 0605tfnb

Heights Home Health Now Hiring attendants to care for the elderly and disabled in their homes. For more information call 254-953-4702 0405tfnb

Homes For Sale

House for Sale or Lease. Salado ISD on 1 acre, 2 BR, 2 BA, office with fireplace, living room with cathedral ceiling, large back deck. Available Aug. 1. Lease \$900 mo. water included. For Sale \$125,000. Call 254-780-7119 or 254-718-8754 or 254-780-7118 070308tfnb

Home for Sale by owner 2200 Chisholm Trail 3BR/ 2BA -254-718-8685 5/22tfnb

Gorgeous Home with a view! 4 BR, 3 BA beautiful tile floors. The living room, kitchen and dining have a view of the countryside through large windows on back of home. Patio is covered with large area for entertaining. Brick with stone accents make this home come alive \$339,500. Century 21 Bill Bartlett 947-5050 0306tfn

Light bright and airy! 3 living areas, 3 large BR's, corner lot \$129,900s Call Salado Realty 254-947-9700.
0508tfnf

CLASSIFIEDS CONTINUE ON PAGE 3C

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Bill Bartlett 947-5050

No Credit! Need a home? Financing available for people with little or no credit. Please call for more info 254-698-7077 11/15tfnb

Own Land? Then your approved for a home. 3,4,5, bedrooms 254-698-7088 11/15tfnb

Got Land? Need a Home? Zero Down!! 254-702-1534 11/15tfnb

Repo Repo! Homes for sale or take over payments, Call for details. Toll free 866-908-8186 11/15tfnb

Beautiful new Austin Stone Home. 4 BR/2BA Family-friendly floorplan from a builder you can trust Call Salado Realty 254-947-9700 0508tfn

Keller Williams Realty Awesome! Manager Special! O down on a home. Call 254-702-1534 510tfnb

Smith Branch Creek, a seasonal creek, borders this wooded lot with a beautiful home. Freshly painted with new appliances and carpet, this home is move-in ready \$157,800. Call Salado Realty 254-

DISCOVER

947-9700 5/10tfnf

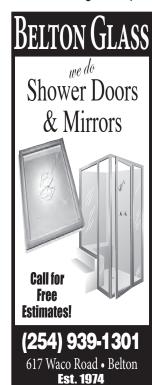
A fantastic setting with large live oaks and a Texas -style 4 BR 3 BA home on 2.99 acres. stone and wood accents, granite countertops, guest suite with full bath. \$359,800. Call Salado Realty 254-947-9700 7/3tfn

6 acres of rolling hills 3200 SF Workshop with 4 overhead doors, Austin Stone 3 BR. 2 BA home. \$248,800, Call Salado Realty 254-947-9700 5/31tfnf

Texas Fine Living at its Best! Estate on approx. 30 manicured acres with a 1acre clear lake, horse facilities and guest house. Find yourself in the lush tropical landscaping around pool/waterfall. \$995,000. Call First Texas Brokerage 947-5577

0731F

Great curb appeal with this 3 BR, 2 BA, Garden Home. Beautiful architectural detail inside and out, neutral brick with stone accents bring you into arched doorways and raised ceilings. Crown molding and fireplace in living room. Master has vaulted ceiling, split floor plan offers privacy. Plenty of cabinet and countertop space in kitchen, Kraftmaid cabinets throughout. Sprin-



kler system, nicely lancscaped and fenced vard. Convenient to golf course. \$205,921 Century 21 Bill Bartlett 947-5050 41907tfnf

Elegant Spanish Villa with amazing swimming pool with natural stone and water fall. Too many special features to list here. A

must-see home. \$698,500. Call First Texas Brokerage, (254) 947-5577

CLASSIFIEDS **CONTINUE ON** PAGE 4C

Antique Auction Saturday, August 2 - 10 am Llano, Texas

Information (325) 247-5281 or (325) 247-5344 www.auctionpeek.com

This unreserved absolute auction at Mudd's Antiques has a large inventory of very good quality antiques, primitives, vintage and collectables. Call ahead or check our website for pictures and information. We accept Visa and Mastercard. The auction site is air conditioned - come and enjoy the fun.

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July 31, 2008 SALADO Village Voice, Page 3C

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(512) 771-1164 nmohammed@cbunited.com 1701 Williams Drive, Georgetown, TX 78628 30 acres. Perfect place for horses. In-ground pool, beautiful horse barn. All the extras with room to roam. Great open family home. 38X60 barn, 25X25 storage barn. \$599,999. Call First Texas Brokerage at 254-947-5577 tfnf

Secluded home on over

If gardening is your passion or if you just need space, large 2-acre estate lot is a perfect fit. David Foust custom has natural stone, stainless steel appliances, granite counter, hardwood floors and more. \$449,900. Call First Texas Brokerage at 254-947-5577 tfnf

3BR 2 BA home in nice wooded lot. Recently updated tile and kitchen

cabinets. Dining and living area are open wiht easy access to breakfast room and kitchen. Large deck at front of home with covered deck in back Nice trees in front and back yards \$167,021 Century 21 Bill Bartlett 947-5050

Beautiful view of Mill Creek Golf Course with garage space for golf cart. Granite in Kitchen. Master suite down with spa tub and super closet. Tons of storage. Covered patio with fireplace. Trane heat pumps. \$275,000. Call First Texas Brokerage 947-5577 0731tfnf

CLASSIFIEDS CONTINUE ON PAGE **5C**



Diamond E Ranch 25-245 Acres \$5,500/acre + improvements Hill Country Views, Trees, Pastures, Water

On Hwy 195 8.7 acres \$12,000/acre Ranch/ Commercial Development Prospect



ANNA LOU RANEY Broker/Realtor 254-913-1215

Realtor 254-913-0469

NEW LISTINGS



808 ARROWHEAD Beautiful traditional home in Mill Creek This home offers hardwoods and tile throughout, wide moldings, beams and attention to detail. There are three bedrooms and three full baths, library adjacent to the master suite, large formals and great room that opens into the spacious kitchen with Avanza countertops. other features include cedar closet, large screened porch, recessed lighting, water softener, and sprinkler system. This home is timeless in design. \$345,000.



701 WHISPERING OAKS Great Mill Creek location on one of the prettiest streets! Well maintained home with 3 bedrooms, 3 baths. wood flooring in the living room and dining room and an indoor pool and spa with propane heating. Gorgeous trees. \$220,000.



409 SALADO CREEK PLACE Choice building site with gorgeous trees! One of the last lots left in Salado Creek Place. Established neighborhood with restrictions. Call Anna Lou to see this beautiful lot. \$120,000



123 ROCK CREEK Charming Darwin Britt classic featured in Texas Homes. Use of indigenous materials of bygone era makes this home unusual, warm, and inviting. Formal living and dining, 3 living areas, 3 bedrooms, 3 baths, and 2 enclosed porches with walls of glass. There are 2 fireplaces, one in the living room and the other in a sitting room/library that could be 4th bedroom. This room has french doors and screens that open to a covered patio overlooking the gardens. Other features include hardwood floors, painted wood walls throughout, and wood beamed ceilings. There is a studio in the detached carport. Must see to absorb the uniqueness. \$560,000



GOLDEN OPPORTUNITY in historic district .73 Acre that backs up to Rock Creek. Most unusual property. Must see! \$115,000.



708 DE GRUMMOND WAY Situated on one of the prettiest streets in Mill Creek. Original owner home in pristine condition. Built 1974 on 1.7 acres with many huge, native trees. Offers gracious living with large rooms. Formal living and dining rooms, great room with fireplace, sunroom with fireplace, 3 bedrooms, 4 baths and 2 car attached garage plus 2 car detached garage. Property has well with new pump. Roof replaced in 2006. MUST SEE \$270,000.



451 COLLEGE HILL Extremely rare land near the historic district. Great building site and just a short stroll to historic Stagecoach Inn Restaurant, village shopping on Main Street, Salado Creek and golf. Approx 2 acres. \$139,500



Excellent Homesites in established Mill Creek neighborhood. Located off Chisholm Trail on Kevlin Dr. with golf course views. Premier half-acre lots, underground utilities ready for homes with only 2,000 sq. ft. minimum.

Mill Creek Homesites Only 2 Lots Left!

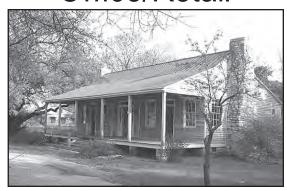


Temple/Belton Board of Realtors MetroTex Association of Realtors









Best office/retail in Salado. An historic building, it has been completely renovated and is up to date. There are approximately 1200 S.F. with two fireplaces and deck overlooking picturesque dry creek. \$950.00 per month. Call Century 21 Accent Realty, Bill Jones (254) 773-0900.



July 31, 2008, SALADO Village Voice, Page 5C

Relax in the pool and hot tub in your own back yard. 4 BR, 3 BA wonderful game room with additional living and dining. Tile throughout most of the home. Stained concrete floors in game room. Wood deck in back yard takes you to a beautiful pool. Very private back yard. \$275,700 Century 21 Bill Bartlett 947-5050

Home on 9.10 acres fronting the Willingham Creek in Hidden Springs. Heavily wooded acreage creates a private setting. 3 BR, 3 full baths, 2 half baths. Beautiful beam vaulted ceiling in living area. Up to three horses are allowed. \$498,700 Century 21 Bill Bartlett 947-5050

Land Wanted
Individual seeking any
type of property that
touches Salado Creek.
paluxytx@yahoo.com
817-732-8155.
7/31-

Land for Sale

10 acre tract, pond, trees, great location/views Blackberry Rd. east of Salado. Call 254-721-1101 70308-72408b

Ranch For Sale 365+/-Acres in Bell County \$1,950 an acre, with house. Broker/ Owner 512-327-1994 0626-0717b

Solana Ranch Rd. 15 acres with beautiful oak trees and deep water well. Bevery Hamby Realty 254-721-1784

0508tfn

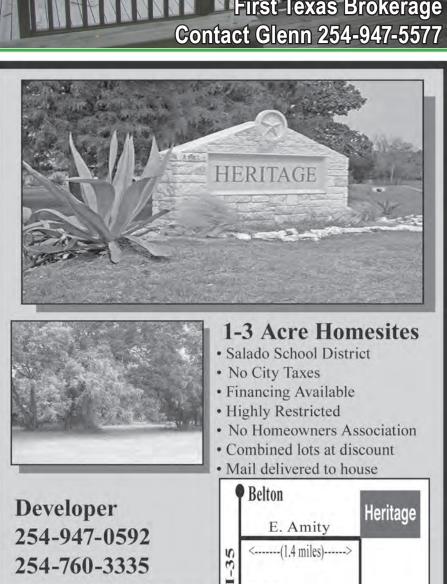
95 acre building sites with windmill, pond and septics, water meters in place already in place. \$451,250 Call Salado Realty 254-947-9700 021908tfnf

FM 1123, Seven 20 plus acre tracts and Two 37 acre tracts. Call Rita for more information. Salado Realty 254-947-9700

College Hill Drive - Walk to creek, shopping, 2 Acres with well, septic tank, trees! \$139,500. Call Raney & Associates Anna Lou 254-913-1215. 0823tfnb

CLASSIFIEDS CONTINUE ON PAGE 6C





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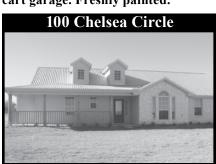
\$394,499: 95 acres. Great building site with windmill, pond & two septic systems and water meters.



\$359,800: Magnificent Texasstyle 4 BR, 3 BA home on 2.99 acres. Guest suite. Large live oaks.



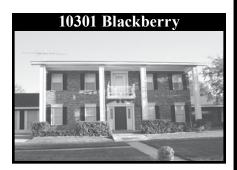
\$255,800: Immaculate home in Mill Creek. 3 BR/2 BA/2 GA + golf cart garage. Freshly painted.



\$202,800: Austin Stone Home. 4 BR/2 BA. Family friendly floorplan. From a builder you can trust.



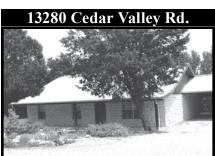
\$175,800: Artistically-designed & built by an Architect, this home on 1.17 wooded acres is a great retreat.



\$375,800: 2.465 Hilltop acres. 5 BR, 3 BA. Detached garage w/workshop AND a cottage.



\$338,800: Commercial Property. Darwin Britt home overlooking Rock Creek AND a storefront.



\$248,800: Six acres of rolling hills, Austin stone home, 3,200 sf workshop, views, wildlife.



\$188,800: 2,400 sq. ft., 3 BR/2 BA brick home on 1.15 acres. Recently completely remodeled.



\$157,800: Perfect for nature lovers! Wooded creekside lot with 3/2/2 new carpet and paint.

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Commercial rental -Approx. 1200 sq. ft. at Old Salado Springs in the Celebration Center Building at 218 Royal, formerly beauty salon, Can easily adapt as office or other space. Water paid. \$935 947-5933 0327tfnb

Retail office/workshop space on Royal St. rustic, funky ambiance. 947-5933 10/25tfnb

For Rent or Lease Charming, spacious, 2/2/1, townhome for rent, Clean!! 6 closets, vaulted ceiling, w/d closet inside, Walk to shopping center. Lawn care provided. 254-338-5083.

7/31tfnb

Large one bedroom furn/ unfurn apt. in the country, quiet, utilities paid, \$750 mo. 947-3830 Salado after 4 p.m.. No children. 7/31tfnb

2BR1BA Country cottage on 1 acre near Prairie Dell, Salado ISD, detached garage w/d hookups \$750/

mo Village Realty 947-0342 7/24-7/31b

Smoke-free 2BA, one car garage townhome. Fenced back yard. Convenient to shopping center. \$850 a mo. with year lease. 947-1909 or 1-817-281-3556. 7/17tfnb

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Salado. **Furnished** studio apartments with views of Salado Creek. Small kitchenette. All utilities paid. \$600 /month plus \$200 deposit. Short or long term lease. Call 254-718-4439

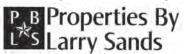
Energy saving tips to see you through the summer

- 1. Turn off lights you're not using – We even have switchplate reminders for you, downloadable on our Web site. (2% energy savings per year, assuming an average family's energy use)
- 2. Schedule an energy audit – Your local utility will probably provide an audit for free, and you may also get a more comprehensive audit (saving you more money in the long term) by paying for a wholehouse audit. (Up to 50% energy savings per year)
- 3. Don't heat or cool empty rooms – If there is a room in your house that is rarely used, close off the vents to save on heating and cooling. (Varies by size of room.)
- 4. Give your dishwasher a rest – Skip the energyintensive drying cycle on your dishwasher and choose the air-dry option, or open the door for zeroenergy dish drying. (5% energy savings per year)
- 5. Shift your energy load to off-peak hours - Because power sources must produce electricity around the time of use (without capacity for long-term storage) it is our collective peak demand that triggers the building of more polluting power plants. (Var-
- 6. Turn off your electronics – If you're going to be away from your computer or other appliance for more than an hour, turn it off. (5% energy savings per year)
- 7. Eliminate "phantom load" - Many electronics use energy even while turned off, so your best bet is to unplug them when not in use. (5% energy savings per year)
- 8. Make your fridge more efficient - Keep your refrigerator's coils clean to boost its overall power, and store jugs of water in any empty space inside, because water retains coldness better than air. (4% energy savings per

More tips to come next week.



Set on over 1.6 acres, surrounded by large native trees, this unique home w/ over 2400 sq/ft promotes its wooded backdrop. Huge bedrooms upstairs & great bonus/game room down allows plenty of space to unwind. Excellent elevated covered deck, perfect for outdoor living & entertaining!!! Don't forget to bring your horse. Only \$169,900!!! Call us today, this one won't last long!!!



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Salado 254/947-5050

DVD's, CD's produce tough chemical mix to recycle

Dear EarthTalk: What's going on in the music industry with all the CDs and plastic CD holders undoubtedly generating a lot of plastic waste?

-- John S., via email

According to the U.S. Environmental Protection Agency (EPA), CDs and DVDs are typically manufactured by combining various mined metals (aluminum, gold, silver and nickel) with petroleum-derived plastics, lacquers and dyes. Given what complicated beasts CDs and DVDs are—products with thin layers of different materials mixed together are nearly impossible to recycle-most municipal recycling program won't accept them, leaving consumers to fend for themselves in figuring out how to dispose of them. As a result. most discarded discs end up in the trash

These difficult-to-recycle materials can pollute groundwater and, in turn, contribute to a whole host of human health problems. But the low cost of producing such top-selling consumer items means that replacing them with something greener is not likely anytime soon.

Research has shown that polylactic acid (PLA), a biodegradable plastic-substitute derived from corn and other agricultural wastes, could replace plastic polycarbonate as a disc's main substrate, but the present high cost of using such a material makes it unlikely to catch on any time soon with those paying to produce mass volumes of CDs and DVDs.

So what's a conscientious consumer to do? Those willing

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Free Estimates



to pay a small processing fee can send old CDs and DVDs to one of a handful of private companies (such as Washington-based GreenDisk) set up to recycle them into highquality plastics used in auto parts, office equipment, alarm panels, street lights, electrical cable insulation, jewel cases and other specialized items.

A shift in consumer preferences already underway may be just the thing that will make everyone's personal collections of music and movies greener. Consumers are already able to download some six million individual digital songs via the 500 or so legal online music services now up and running on the Internet. According to the International Federation of the Phonographic Industry, digital sales now account for some 30 percent of all U.S. music sales and 15 percent globally. And most consumer analysts expect these percentages to grow steadily in the coming years, which is good news for the environment.

CONTACTS: EPA's "Lifecycle of a CD or DVD," www. epa.gov/osw/students/finalposter.pdf; GreenDisk, www. greendisk.com; International Federation of the Phonograph-

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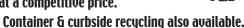
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Elegant Spanish Villa with amazing swimming pool with natural stone and water fall. Too many special features to list here. A must-see home. \$698,500.



Secluded home on over 30 acres. Perfect place for horses. In-ground pool, beautiful horse barn. All the extras with room to roam. Great open family home. 38X60 barn, 25X25 storage barn. \$599.999.



Beautiful treed lot in Mill Creek on South Ridge Road. \$39,900. REDUCED.

Indian Trail at Blaylock, large corner lot. 90x188 \$32,000

Lot 9 Salado Creek Place, one of a kind Salado Creek lot, 2 plus acres with huge tree cover on the creek, The Best.

Lot 165 in Hidden Springs, nice trees. \$39,900.

Under 10 Acres

Tree-covered park-like 4.82 acres located on FM 2843 just southwest of Salado. Well on site. \$95,000.

Lot 158 Western Trail. Mostly wooded creek front lot. Over 3 acres, \$75,000.

Lot 156 Western Trail. Mostly wooded creek front lot. 3.23 acres, \$75,000.

Lot 295 in Hidden Springs with live oak trees. \$54,900.



Approximately 11 Acres east of Salado with trees off Royal Street. \$169,900.

12 acres with beautiful live oak trees. This acreage would make a fantastic home site. \$250,000.

Approximately 25 acres with excellent home site off Royal. \$325,000.

Over 30 acres in Bartlett. Good development property, well located with frontage on Bell Street and Harold Clark road. \$106,170

21.68 acres off of FM 2115 with outstanding views and nice pond, \$185,000.

55.38 acres, productive Blackland adjoining residential area on NW side of Bartlett. \$193.830.

Over 24 Gorgeous Tree Covered Acres with Moon Creek. (Clear Rock Bottom Creek) \$299,900

Over 100 Acres

126 acre ranch with 1,769 sq. ft. hme. 3 BR/1.5 BA/2 liv/2 car garage. Property located off of FM 2843. \$595,000.

Approximately 140 acres southwest of Salado, fronting I-35 and FM 2115. \$910,000. 147 acres east of Academy on Reeds Lake Road. Property has draw running through middle with 3 small tanks with excellent opportunity to enlarge. Possible gravel reserve as well. \$3,450 per acre.

Great commercial site IH-35/FM 2484. \$450,000.

30 acres IH 35, 1 mile south of Stagecoach Inn.

Great Southwest Best Continue to Recellent location between the on and off ramp of I-35 next to What a Burger \$349,900.

12 plus acres fronting I-35 between Salado and Belton with exit at property, just north of the Lampasas River, approx. 3000 ft. I-35 frontage \$259,900.

Commercial site of I-35 in Belton. 0.8 acre with building, \$125,000.



Hidden among mature oak trees, lies this private Tuscan estate. Expansive living room and kitchen perfect for cooking. Spacious master suite, swimming pool overlooks parklike backyard. \$575,000.

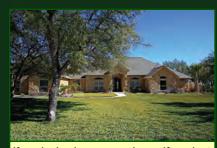


Quality is shown throughout this home on 3 tree-covered acres. Features include granite counters, stainless steel appliances, stone fireplace, 3 car garage and much more. 4 BR/2.5 BA/2 liv/2 din. \$459,900.





Austin Stone Ranch home on almost 5 acres. Great location off FM 2484. Large living room and wood floors in the master bedroom. \$259,900.



If gardening is your passion or if you just need space, large 2-acre estate lot is a perfect fit. David Foust custom has natural stone, stainless steel appliances, granite counter, hardwood floors and more. \$449,900.



Beautiful view of Mill Creek Golf Course with garage space for golf cart. Granite in Kitchen. Master suite down with spa tub and super closet. Tons of storage. Covered patio with fireplace. Trane heat pumps. \$275,000.



New Home built by Holland Homes with open floor plan. 3/2/2 with flex room. Salado school district, convenient to Stillhouse Lake, Killeen, Harker Heights, \$199,900.



Beautiful Landscaping and Gorgeous Tree-Covered Lot invite you into this Extensively Renovated Home in Mill Creek. \$189,900



Excellent Curb Appeal on this Home in Mill

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and much more. Call us today for informa-

Great Open and Spacious Floor Plan. Flex room could be 4th BR. Backs up to Corps of Engineer property. Convenient to Killeen, Harker Heights with Salado schools. **\$199,900.**



Excellent Home conveniently located in Mill Creek. 3/2 very well taken care of. Priced at \$179,900.



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